

BODES OF HADES – POWERS OF HELL

Part, the Fifth

29 July 2012 – 10 Av 5772

Akurians, pay attention!

As all of you should know by now, Akurians do not put much trust in 'belief' – and what we do doesn't require any such nonsense. Akurians are KNOWERS! Do a practice correctly and it will work every time, even if it takes some time. Do it wrong and it will backfire at best. Where we are going 'belief' is totally worthless, half-cocked scenarios are deadly, and TRUE KNOWLEDGE gained by PRACTICE will work every time. **No exceptions to the rule.**

Akurians, by now *those most-deserving* of all Deaths and Damnations, the Anunnaki, Nefilim and Demons alike, are no longer ignorant of the fact *we did not fail*; and are equally informed of the fact *what we did* at Moon Base Anu and HAARP sites is only a sample of what we have in store for their morally bereft, degenerate asses. **They now know for a fact:** Whatever works the fastest, or the best, for our purposes on the Earth Plane is our weapon of choice. From the Very Veil itself to the Occupied Depths of Perdition it is common knowledge *the Akurians are preparing to take Creation apart if necessary:* and we will not surrender nor concede one solitary grain to the bastards, regardless of rank, stripe or nature.

Like a broken record: I want each and every one of you to know and fully understand that what we are going to do over the next few weeks and months is *extremely dangerous:* as much to ourselves to our enemies! ***This Instructional and Practice is no exception.*** Jackass any part or sequence and you can very well bring the whole Damnation down upon yourself. Jackass on some know-so-much or stupidity-intact agenda and I will not bail you! PERIOD! This is NOT a parlor game, nor anything even near a sing-a-hymn-and-pass-the-plate hallelujah halfwit idiocy.

REPEAT: *At some point in time each of you and each of your students will be subject to dealing with Lord Lucifer, Himself!* And I can tell you on damned good, first hand authority he is not the incompetent pusswilly portrayed by those who have never actually encountered him.. He can appear as anything and everything and read your strengths and weaknesses better than you can comprehend "WET" taking a bath. ***Don't think him to be an amateur in any category.***

ARE THERE ANY QUESTIONS?

We're going to learn to DISCERN our entire body and Spirit beings BEFORE we begin to take on the Demons of the Deep in their own Domain!

DISCERNMENT – THE HAND:

Your thumb, and fingers when used individually throw lesser energies than the little finger, and the little finger does virtually all the actual targeting. ***When you have time to practice privately:*** Using each finger and your thumb individually, throw the energy into your other hand. Then combine them as you would normally only use all FOUR fingers and note the vast improvement in impact energy and accuracy!

When I give the command, and NOT before: with the index finger of either hand, – With your index finger; draw a SQUARE around the palm or back of your hand and then an "X" across the middle. – or the back of your other hand, and THEN draw an "X" across the that SQUARE corner-to-corner as if marking it in four equal parts. The sensation will be virtually nothing. Now do the same thing using only the little finger ... circle, then "X" and ***there will be an instant coolness*** ... as if a breeze of air! Do it without the outer SQUARE and there's a great big nothing. Draw the SQUARE, make the "X" and there's the slight coolness again. In either case, nothing to write home about, but a small sensation nevertheless, the greater of the two being with the little finger.

Akurians, on my command: prepare to perform the SQUARE symbol practices on either hand:

With your index finger; a SQUARE around the palm or back of your hand and then an "X" across the middle.

Then your little finger: a SQUARE around the palm or back of your hand and then an "X" across the middle.

Akurians, on my command:

Perform both SQUARE symbol exercises.

Let me know when you're finished and back on the line.

Akurians, on my command: prepare to perform the CIRCLE symbol practices on either hand:

With your index finger; a CIRCLE around the palm or back of your hand and then an "X" across the middle.

Then your little finger: a CIRCLE around the palm or back of your hand and then an "X" across the middle.

Akurians, on my command:

Perform both finger-energy exercises.

You'll note when using the little finger an instant coolness of the CIRCLE and the full length of the "X" a much heavier energy sensation, with the little finger producing the biggest change.

Let me know when you're finished and back on the line.

NOW, just **DISCERN** your hands, as they are, where they are, and take notice they are magnificent creations and without question or exception, absolutely faithful.

ARE THERE ANY QUESTIONS?

DISCERNMENT – THE FEET:

When I command it, and NOT before:

Start with your little toe. **DISCERN** your little toe. It doesn't get much attention in our take-for-granted day-to-day doing things; but surprisingly your little toe has as almost as much to do with your ability to balance as any of the other four! And, as with the little finger, it's the little toe that lights up when you target!

We are going to **DISCERN** our whole foot ... again. Begin with the sole of your foot separately, then your toes, little toe first; flex your toes as you go, and you'll find you have a whole new opinion about your feet, and you're going to need it come Hammer The Bastards Day! You'll need the stability.

Soles, little toe to big toe, the whole foot including the ankle. It's one hell of a magnificent piece of humanity and has a great deal of FirePower and protection that we are going to need and use. Become very aware of your feet. You simply cannot over-do this cognizance.

Then, I want you to **DISCERN** each toe in sequence, little toe to big toe, give each a bit of time and note the difference – they are not the same! Each has its own secrets. The primary secret is that you can effect any part of your body by simply **DISCERNING** the area of your feet that connects the Spirit Energy to its dominion-part of your body. The toes being the brain-connection – with the bottom-center of the big toe having an additional connection to the pituitary gland in your brain! The pituitary gland is about the size of a pea, and often referred to as the "master gland" of the body since it regulates many activities of other endocrine glands. It's the dance-partner with the thyroid in the front of the throat; so don't jackass with either.

When doing direct energizing on the feet, NEVER use a circle, use a SQUARE. THEN, take the whole flat of your hand, without touching, and make two or three passes of energy from your toes to your heel, and you will balance and normalize any out of sequence energies. Do the same thing from the ankle to the toes and you will CLEAN them. And, you can do it with projected LIGHT as easily as you can with either hand. Make a mental-energy of **WHITE SPIRITUAL LIGHT** move from your toes to your heels and then up over the ankle bone! Simple as that.

Once you've done that, you'll want to CLEAN and NORMALIZE your feet after you **DISCERN** them.

Relax, I'll guide you through the complete sequence. For this exercise I want you to use only your Cognizance and Visualization. You should not have to physically reach or move, unless you want to; just use your Spirit Body.

Akurians, on my command:

DISCERN YOUR FEET, BOTH OF THEM!

Begin with the soles, then your toes, little toes first; flex them if you want; and expand your DISCERNMENT back through your feet and up over the ankles. Remember this point, it should be just above your ankles, not halfway up your legs.

Pause and DISCERN your whole feet.

Give me your attention, we're going to do a preparation for advancement.

Now, visualize a SQUARE of WHITE SPIRITUAL LIGHT on the bottom of your big toes – both of them at the same time – as this is a BRAIN-ENERGY balancer. You're going to need this quick and simple, but very powerful, ability before this lesson is over and from now until Shiloh.

Take a deep breath or two, hold in the intake and do not leave your lungs empty. It will only take a breath or two for this exercise – but at some point you may need to charge yourself with as many breaths as will be required. Some of you may feel a bit light-headed or clear-minded as if your just downed a blast of good coffee. THAT is what you're looking for and it should occur almost instantly.

Akurians, make a mental-energy of disc of WHITE SPIRITUAL LIGHT , insert it just above your ankles, and move it down your feet to the heels, include your whole foot top to sole, and out your feet through the tips of your toes. That is the simple process to clear and normalize your foot energies.

Dispose of the energy by throwing it into the Ethers!

ARE THERE ANY QUESTIONS?

DISCERNMENT – THE FACE:

When I command it, and NOT before:

As previous, I don't want anybody doing a damned thing but listening and learning until I direct the application! Jump ahead because you know-so-much and you are disaster bound. NO! I WILL NOT BAIL YOU OUT! You will have deliberately created a problem where none existed that could have easily been avoided.

Primarily remember: the RIGHT side of your face, even if you're left-handed, IS energy-connected to those bodily areas with respect to the EXTERIOR to the exclusion of the INTERIOR! The LEFT side of the face is energy-linked to the INTERIOR of the organ. Bodily organs do NOT perform everything they do only on their surface, but IN their INTERIOR which can be extremely complex and are best NOT jackassd with – even by experts.

There is a natural trait, covering the face with both hands – as in embarrassment – or one side of the face with one hand as in a point of sudden acknowledgement. These are ANCIENT and natural responses, having more to do with applied metaphysics as opposed to social graces.

What we are going to do next, on my command and NOT before: is a bit of a twist on that very ancient procedure.

Reminding that most of the energies we extend, throw, et cetera, is **the energy from your finger tips!** And a few lessons ago, you were taught to cover your eyes and attempt to see anyhow; some of you to great success. We're going to do a very quick – but different version – of that practice using BOTH hands and a very fast testing method.

With the face, NEVER use any kind of pattern in energy application!

Let me repeat that: **With the face, NEVER use any kind of pattern in energy application!**

First, for this practice of **DISCERNMENT**, you are going to need both hands and a few minutes to perform the procedure. Breathing is the same as practiced before: **Deep breath in – hold for a count of five – exhale and breathe back in NEVER leaving the lungs empty.**

Second, for this practice you are going to cover both sides of your face – right and left – and not top and bottom as some Idiot Elements have tried while being FUN-NEE to their duly deserved detriment. The simple and normal placement of your right hand on the right side of your face – left hand on the left side – doesn't take much intelligence, but I have seen failures.

What you are going to do is contact virtually all your **FACE-HEAD** Spiritual Energies at the same time, and **DISCERN** them. Nothing more. **DISCERNMENT** – not jackass. You are **NOT** going to attempt to read individual Chakras; you're going to read them ALL as a point of Spiritual Recognition and Knowledge. In preparation, as with just about everything else in life, BEFORE you use your hands for anything different: YOU CLEAN THEM! We're going to do that the Akurian way, just follow my instructions:

Akurians, on my command:

Take cognizance of both hands, make a disc of WHITE SPIRITUAL LIGHT just above your wrists as if wearing a bracelet and move that energy-disc down your hands and off your finger tips!

Instant, Spiritually-Clean Hands. Remember the process, you're going to use it a lot, and from now until Shiloh.

When I command it and not before: and using the same breathing process: **Deep breath in – hold for a count of five – exhale and breathe back in NEVER leaving the lungs empty;** Cover your face as described a few minutes ago – being sure to leave your nose uncovered. Yes, I've had failures with that one too. You'll use no more than FIVE breath procedures and instantly you'll have a Mind-Spirit Connection that is nothing like you've ever done before. It's not more powerful, it's more cognizant: and cognizance is the Key to perpetual **DISCERNMENT!**

BEFORE WE PROCEED, ARE THERE ANY QUESTIONS?

Akurians, on my command:

DISCERN both sides of your FACE!

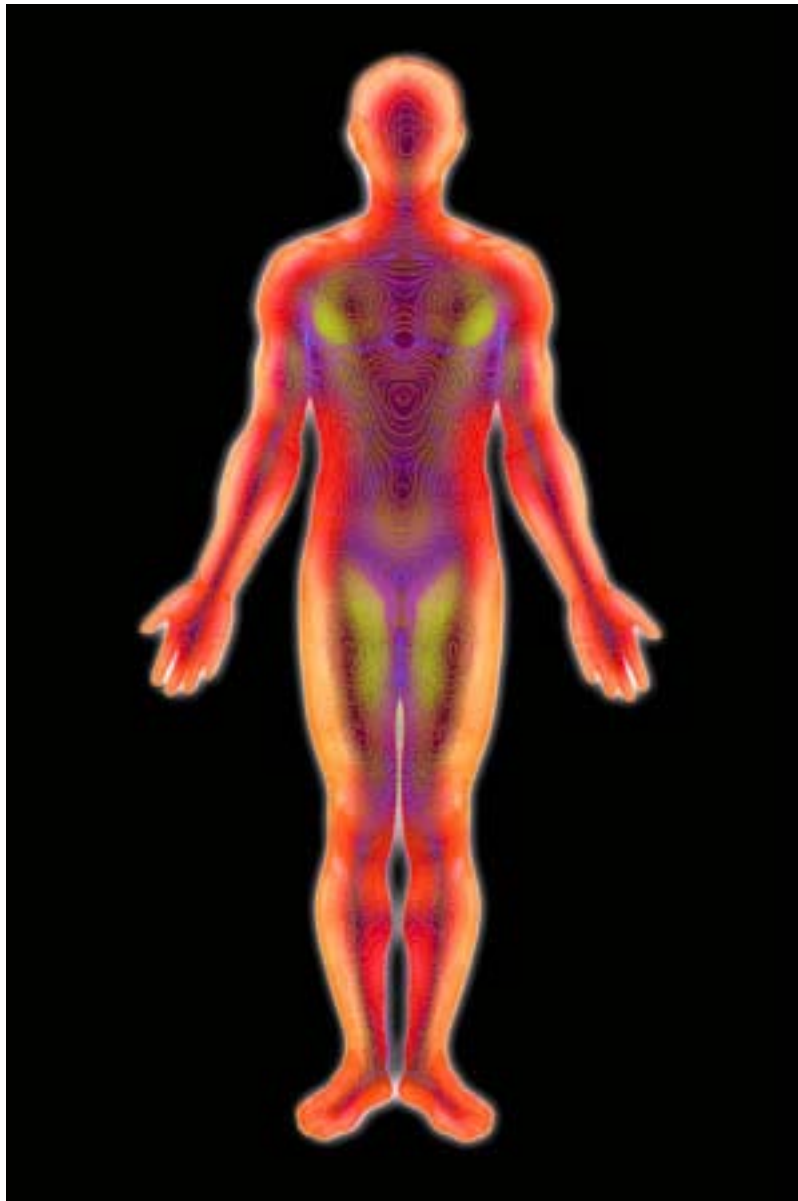
Let me know when you're finished and back on the line.

That fresh energy you're feeling is another part of YOU; and that heady part is a sudden, if forced, cognizance. An advanced state of **DISCERNMENT**, if you must. It's easy to retain – by just wanting to retain it – and easy to restore and increase by doing that same procedure as often as you deem necessary. Just use the same **CAUTION** as I gave before ... don't deceive yourself into thinking you're actually all-knowing and therefore all-powerful in all Creation. You're going to need, and often use, your brick-solid cognizance capabilities while **DISCERNING** everything from here to Shiloh, so no jackassing, please.

The next time, we're going to **ENERGIZE YOUR ENTIRE HEAD!** The process is very precision and cannot be deviated even in the slightest. You will charge both hands with **WHITE SPIRITUAL LIGHT** and then using the same practice you just used, covering your face with both hands, **ENERGIZE** that **WHITE SPIRITUAL LIGHT** into your head and fill it as completely as possible. Do not jump into that process until we're all ready as a TEAM.

BEFORE WE PROCEED, ARE THERE ANY QUESTIONS?

DISCERNMENT – THE FULL BODY SPIRITUAL SCAN:



This is the first body **DISCERNMENT** ... there will be more.

The body photo is a fairly good example of the general Spirit Energy link-systems in the human anatomy. There are POINTS, minor-chakras if you must, the TWO most important being right in the arm pits. Not where those light green splotches are near the outer chest, but farther out right under the shoulder joints.

In fact there are such, and near-similar, Spirit Energy points in the FRONT of every joint; elbows, fingers, hips, toes, and the most confusing: the knees – where they are in the BACK as that is the direction the knee bends. Whichever direction the joint permits normally, the CLOSE side is the Spirit Energy point.

Because they can bend in virtually all directions, the neck and backbone are VITAL and very sensitive – hard to read in great detail initially – and are absolutely CRITICAL in our **DISCERNMENT** as they emit Spirit Energies in all directions, in all frequencies, all the time. Learn to read the less-flexible joint systems, and the complex systems will be a lot easier. Don't ignore them, but don't run off half-cocked over them either.

Let's clear that up a bit. Because you can twist your arms and legs is a matter of the way they are assembled, NOT the way they bend at the shoulder, elbow, wrist, hip, knee and ankle! FLEXIBILITY of

the joint is NOT the total consideration. *The prime consideration is the LOCATION of the nerve center!* And they can be an easy deception if you're not paying close attention. THAT is the main difference between the lesser flexibles, arms and legs; and the maximum flexibles, the neck and backbone.

The photo clearly shows Spiritual Energy points at the Chakras, *and palms of the hands, knees, ankles and feet.* Our next procedure is going to make you more cognizant of all these and the One Thousand Two Hundred Sixty (1,260) other Spiritual Energy points in due time. Prepare for a new and off-the-scale understanding of yourself.

Akurians, when I command, and not before: we're going to CLEAN and **ENERGIZE!** When I command it, CLEAN your hands; CLEAN your feet; and **ENERGIZE** your entire head; and THAT will take a minute to accomplish. Once you do that – in its entirety – we're going to take full cognizance of our entire physical body – paying special attention to its many energy points and systems in addition to the Chakras. With your newly **ENERGIZED** head, make a **BODY OF LIGHT** as per normal, and leave it inside your body, not even extending out as far as your clothes.

You are going to CHANGE this **BODY OF LIGHT** as you proceed to **DISCERN** your own body in its entirety. Immediately after you have properly CLEANED and **ENERGIZED**, make another disc of **WHITE SPIRITUAL LIGHT** just above your head; and move it DOWN through your body, head to feet, slowly as necessary to READ and **DISCERN** all those Spiritual Energy points you didn't even know existed; for the sole and exclusive purpose of LOCATING them at this time. You'll get a bit of WHAT they are about, but don't dwell on it for the time being. You're going to be awe-struck enough with all the new RECOGNITION about that body you've been in since birth. Your **BODY OF LIGHT** will make some very drastic changes using the energies of that disc of **WHITE SPIRITUAL LIGHT** as you proceed: and DO NOT prevent any part of that. Let it do as it will.

Once you're finished, THAT new and far-more-improved **BODY OF LIGHT** is the one you will keep, need and use from now on as your **Super Sense!** Outside of you, it's vulnerable. Inside of you, it's impregnable. And you've just made it ready to do the kind of **DISCERNMENT** that will prevent Lord Lucifer from being able to jerk your chain as he pleases.

Akurians, prepare:

CLEAN your hands and feet, and **ENERGIZE** your entire head.

Make a **BODY OF LIGHT** inside yourself.

Make a disc of **WHITE SPIRITUAL LIGHT** to move down through your body.

DISCERN and READ everything as you proceed. Don't hang up on any given Energy Point you didn't know was there, you can go back a **DISCERN** it in more detail at any time. It's a head-to-feet procedure. You're going to need the information *and the accuracy of the information.* It will take a few minutes to run this First FULL BODY SPIRITUAL SCAN.

Let me know when you're finished and back on the line.

Akurians, on my command:

Proceed.

Now that you know how to CLEAN and PREPARE you can run this FULL BODY SPIRITUAL SCAN as often as you wish – and for the next few months I recommend as often as possible. From now until Shiloh, all Instructionals and Invocations will begin with this FULL BODY SPIRITUAL SCAN. Watch your emails for updates. Properly done, this FULL BODY SPIRITUAL SCAN shouldn't take more than one minute.

ARE THERE ANY QUESTIONS?

