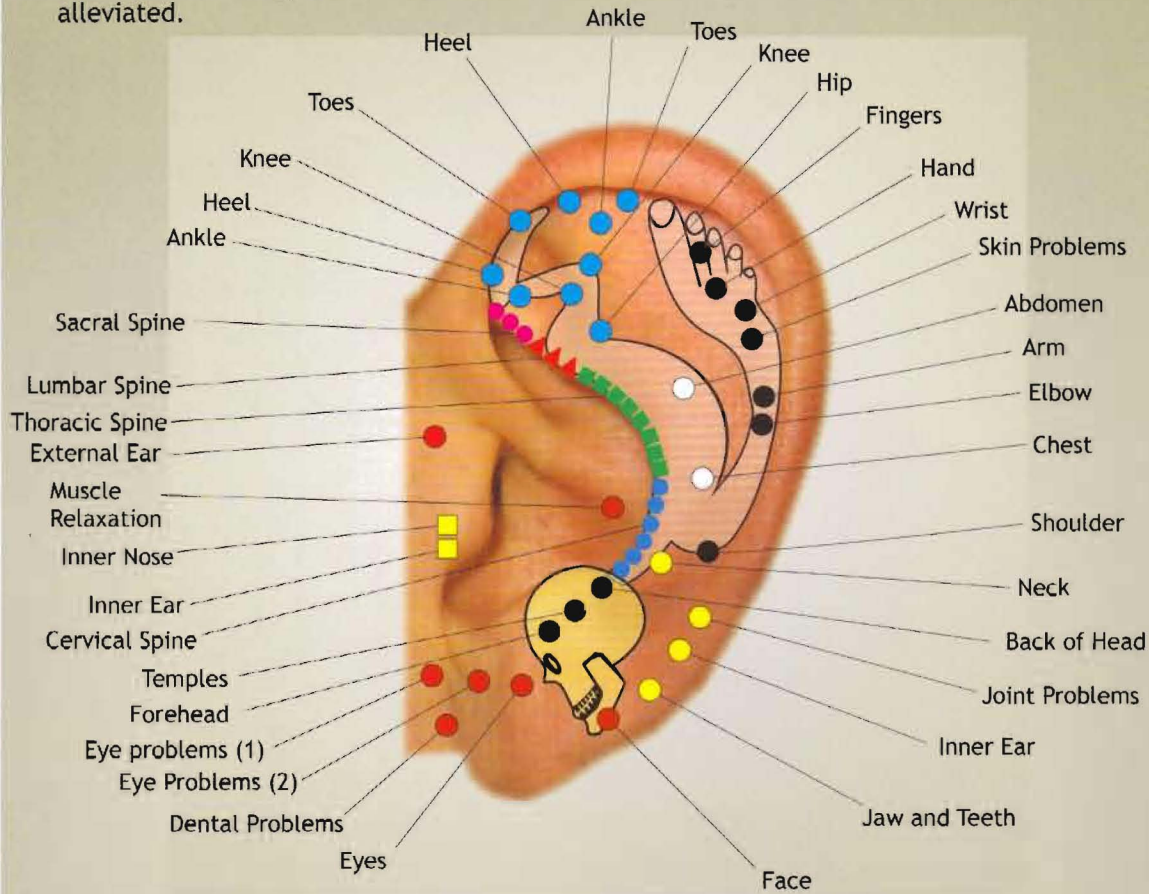


# EAR REFLEXOLOGY

*Auriculotherapy*, or auricular therapy, is a form of alternative medicine based on the idea that the ear is a microsystem that can represent the entire body on the outer portion of the ear. By stimulating specific and related areas on the outer ear, many ailments can be alleviated.



## Therapeutic Areas and their Associations

- 1 Tonsils
- 2 Allergies
- 3 Low blood pressure
- 4 Hepatitis
- 5 Uterus
- 6 Depression
- 7 Asthma
- 8 Constipation
- 9 Antihistamine
- 10 Sciatica
- 11 Allergies (2)
- 12 Appendix
- 13 Allergies (3)
- 14 Heart
- 15 Appetite
- 16 Lower back pain
- 17 Heart (2)
- 18 Adrenal gland
- 19 Blood pressure
- 20 Hormones
- 21 Lumbago point
- 22 Appendix (2)



- 23 Tonsils (2)
- 24 Mammary glands
- 25 Heart (3)
- 26 Brain
- 27 Larynx/Pharynx
- 28 Appetite (2)
- 29 High blood pressure
- 30 Diaphragm
- 31 Hormonal Secretion
- 32 Ovaries
- 33 Cerebral cortex
- 34 Adrenaline
- 35 Hepatitis (2)
- 36 Chest
- 37 Nervousness
- 38 Lower teeth
- 39 Blood pressure (2)
- 40 Testicles
- 41 Inflammations
- 42 Pituitary gland
- 43 Asthma (2)
- 44 Tonsils (3)

This chart is based on many sources. Exact location of reflexology areas can vary from person to person. It is best to work on broader areas. This chart is for information only and not intended for medical use.