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AKURIAN FIREPOWER
PROCEDURE AND PRACTICE
20 January 2013 - 9 Sh'vat 5773

Because we have some newbies that are in desperate need of HOW TO instructions and because this Holy Order is in equal desperate need of our newbies and their applied FirePower, this Instructional is going to attempt to (1) bring our newbies up to as much speed as they can individually muster; and (2) give our Regulars an equally much-needed rehearsal in these things we already do. The objective is get everybody newbie or ancient as close together in PROCEDURE and the application of POWER as possible.

For the newbies, here is the actual process both Spiritual and Physical of all Creation:
AKASHA Room to exist.

AIR the First Quarter of Creation with the QUALITY of MOTION, to live and move;

FIRE the Second Quarter of Creation with the QUALITY of EXPANSION, to enlarge;

WATER the Third Quarter of Creation with the QUALITY of CONTROL;

EARTH the Fourth Quarter of Creation with the QUALITY of INERTIA or solidity.

Note that we invoke, call up, demand the presence, whatever you want to call it, all these Creations and their Powers in all our Invocations. There is a comprehensive amount of information about these Quarters of Creation, who controls/manages them, et cetera, in our lessons and the AED.

At the Anointing, they gave the account you will find at the bottom of this lesson and the specific Paragraphs in the AED.

Some of us have come a long way in development of True Spiritual FirePower and still we have failures in delivery. There IS a reason for all failures.

First, we are NOT looking to the innate. We are NOT **DISCERNING** ourselves to determine either the WHO or WHAT we really want to be or WHO or WHAT we need to become *lest we find fault with ourselves* on more levels than most of us could even account or recognize. We are NOT looking at ourselves to refine the True Spiritual Procedures and Practices that ARE the requirements of FirePower.

As for our failures, they can all be attributed to LACK OF PROPER PRACTICE or attempts to change the processes to be more to our liking. As I've said on more occasions than I care to recount, "Metaphysics is an EXACTING Science!"

It is upon each one of us to become either an Infinite Power or an Infinite Failure. Most of us are somewhere in between leaning on the side of Failure more often than not. And that is inexcusable, given our access to **TRUTH** and Righteousness, especially as it applies to FirePower from sources that scare the living hell out of most.

Second, we are NOT building our abilities on well-rehearsed information. Those of us who have been doing this for a number of years are often no more successful than those of us to whom our endeavors are still all-but incomprehensible mysteries. The actual HOW these things work are mysteries to all of us. The FACT they DO work when performed properly should be sufficient. Therefore, all our failures are upon our own heads, and not on the procedures whatsoever!

Akurians are people of POWER! Immense and immeasurable POWER when we do things the way they were designed to work. Immense and immeasurable FAILURE when we drift from the EXACT procedure, regardless of how well intentioned. Being human, we are always attempting to make things as easy as possible. And obviously, the FACT that will not work with any EXACTING Science doesn't seem to be much of a deterrent. Perhaps that has some good qualities, or we wouldn't learn very much because we would never experiment. But as humans, even after we KNOW the limits of any given factor, we often still refuse to use that **TRUTH as it is** to our advantage. Spiritual Development is no exception.

A bit of caution for all; especially with respect to our innate:

0130 ""Behold! Within you I have established all innate, that each of you shall be as I am, with a mate meet (sufficient) unto one another; that you be not alone as I am not alone; but in the Very Ending when each of you shall come before me and present full account, I shall not account the transgressions of one unto the other, neither shall I account righteousness upon one because of the righteousness of the other; therefore, though you may be as one in all things, only transgressions of both can destroy both.

All of us, from newbie to Marshal General, need to go through this Basic Training. No exceptions. Pay very close attention although some of you have been through this hundreds of times you are NOT exempt for any reason. Remember, everyone has an innate, and the innate cannot lie. Your conduct will reflect in the forces, energies and powers involved; and those in turn will be representative in your future Invocations and applications of FirePower.

These are the Foundation of True Spiritual FirePower the Foundation of **TRUTH** and KNOWLEDGE and the ultimate determining factor of success or failure. You will never rehearse them too often, nor learn them too well.

Let's take the most basic of all True Spiritual practices. Determining your own Spiritual Being. It's really very simple, but I've never heard it even mentioned in any hallelujah halfwit 'church' or any other religion at all.

When I tell you *and not before* follow my instructions, exactly. You may have to put down your phone as you'll need both hands free. For the newbies this will seem like some child-game for a spook party, but it's a Spiritual Foundation Block that by itself could become a full-blown religion.

This is what you are going to do: you're going to detect your own Spiritual Being. It's a very simple but EXACTING process. And this is what you are going to experience, IF you follow these instructions EXACTLY: Key Point = EXACT! Whether you are standing, sitting or laying down doesn't matter. You'll need to place both hands, about a foot apart, palms facing each other, equally spaced with your belly-button (Solar Plexus) centered, about one or two inches from your stomach.

REPEAT: When I give the order, *and not before*, place both hands, about a foot apart, palms facing each other, equally spaced with your belly-button centered, about one or two inches from your stomach.

Now all you need do is wait. Nothing more. No specific breathing or any other action. Just wait. Within a few seconds, generally less than one minute for newbies, and far less for the practiced because they know what to look for, you'll feel a gentle WARMTH in the palms of both hands!

That WARMTH is a manifestation of your own Spiritual Self your own Etheric Body if you must. I want you to HOLD that experience for a few seconds and study it; because it's the same realm and Power Source you'll use from now on. When you have studied it enough to recognize it's actually there, just move your hands. DO NOT do anything else, just move your hands and the manifestation of WARMTH will evaporate from your hands.

Until instructed: DO NOT DO ANYTHING ELSE!

ARE THERE ANY QUESTIONS?

Akurians, detect your own Spiritual Self. I'll give everybody ninety seconds.

Now that everybody has a bit of a handle on some Spiritual Truth, this is where and HOW we make a **BELLY BALL**! Because the amount of Spiritual Energy is unlimited for all intents and purposes, we can take this WARMTH ENERGY and make it into a ball for other uses. And if you're about the Akurian business, you're going to make and use a lot of **BELLY BALLS**.

I want everybody to rehearse making a **BELLY BALL** no exceptions and on my Instruction to do so, *and not before*.

When I give the order, do the EXACT same thing you did a few moments ago and take careful notice of the WARMTH in the palms of both hands. Once it's there, gently pull the energy and form it into a ball, baseball to softball size is ideal. You'll note your **BELLY BALL** is now a bit more solid, stronger, heavier, however you want to describe it.

Since you will have a **BELLY BALL** made of your own Spiritual Energy, you'll need to get a bit more familiar with it. Once you've made your **BELLY BALL**, without getting off on some tangent, THINK it into the palm of either hand. Next, with or without a hand motion, play a bit of 'catch' by throwing your **BELLY BALL** into the other hand and catching it.

Then, once you're assured you can really do these things, pitch your **BELLY BALL** to fly completely around the room and back into your other hand. The surprising part will be that you can FLY a **BELLY BALL** with exacting precision! Once the game is over, dissolve your **BELLY BALL**.

Remember this lesson procedure: (1) make a **BELLY BALL**; (2) move it into either hand; (3) throw it into the other hand; and (4) fly it around the room; and (5) dissolve it.

You have another ninety seconds.

ARE THERE ANY QUESTIONS?

Now, before we move to the next Foundation Block, with either hand only ONE hand hold the palm facing flat to your Solar Plexus, and you'll note the same WARMTH but this time the

energy will seem a lot more solid or hard and that's because it is! And this manifestation, a ONE HANDED **BELLY BALL** has an entirely different use than the TWO HANDERS you just made, as we'll show when those practices are on our agenda.

ONE HANDERS are very limited in use, and TWO HANDERS are virtually unlimited as to their application. Either can be an asset or detriment, depending on the application.

Just flip the ONE HANDER away and it will return to Etheric Energy on its own.

Next, we're going to learn how to make a **BODY OF LIGHT**!

The procedure and process is as simple as making a **BELLY BALL** and equally as fast. There isn't any great whoop-a-doo about either. Either can be made of your own Spiritual Energy or of the 'Ethers' which is actually the Dark Matter or Dark Energy whichever you choose. There are MAJOR differences in application requirements, so you need to know which type is best for which application.

Before you can properly **DISCERN** that, you'll have to know how to make a proper **BODY OF LIGHT**.

On my instruction, *and not before*, you'll take cognizance of your physical body. Just become aware of it, as it is, right now since that is **WHEN** you're going to use it. You'll make a mental picture of your physical body and fill it with **WHITE SPIRITUAL LIGHT**! Do not jackass with the color scheme unless you want some real problems that I will NOT take the time to fix. **WHITE SPIRITUAL LIGHT**, as WHITE as you can imagine it.

You'll be able to feel the LIGHT energy, although it's neither warm, comforting or uncomfortable, it's just there. If you'll note, you'll find your **BODY OF LIGHT** will extend outwards several inches and with some, as much as two feet. This is **NORMAL**. And ideal. A well made **BODY OF LIGHT** should always be a bit larger than your physical body because it's one of the devices we use for personal protection against all manner of intruders.

It's made entirely of **WHITE SPIRITUAL LIGHT**, is generally somewhat larger than your actual body, and is one of the most-versatile and valuable creations in existence. It doesn't have any control or powers of any kind, but suddenly it exists!

Once more, the procedure: (1) Visualize your physical body. Whether or not you ignore your clothing is of no consequence and your own business. (2) Fill your physical body with the **WHITEST LIGHT** you can imagine. Now, unless you're tangenting on some idiocy, within a few seconds you should feel this **BODY OF LIGHT** gel. It instantly becomes a real existing entity.

Akurians, make a **BODY OF LIGHT**. You have ninety seconds.

Keep your **BODY OF LIGHT** right where it is, we're going to train a bit with it.

Now that you know **HOW** to make a proper **BODY OF LIGHT**, the entire process shouldn't take more than two or three seconds, and less than that **IF** you get the procedure down correctly with **PRACTICE**. Just thinking about a **BODY OF LIGHT** won't necessarily make one to the standards you'll need over the years; so take the time after this lesson and **PRACTICE**.

Now send this **BODY OF LIGHT** out into the room. Anywhere will do. In your mind, by thought alone, require this **BODY OF LIGHT** to deliver whatever it sees to you as if you were standing in its place. The objective is to see though the eyes of this **BODY OF LIGHT**. At first

the view might be distorted or incomplete as we're used to vision that is almost 180 degrees from side to side, and a **BODY OF LIGHT** can be both a ONE Degree or 360 Degrees Squared! It can be a narrow vision of a pin point a thousand miles away or any other such small size at any other distance and instantly see everything in all directions at once: front, back, both sides, top and bottom, over head and beneath its feet *all at the same time!*

This is a priceless capability, especially when used in **DISCERNMENT** ! For instance, if you were to develop this **BODY OF LIGHT** in such manner as to do nothing but INFORM YOU via all your physical senses in addition to your spiritual/mental senses NOTHING would be able to approach you without your knowledge! And you would be able to know each and every detail about it.

As a rehearsal, float this **BODY OF LIGHT** straight up as if it were in an elevator or being lifted by a single rope. UP through the ceiling, through the roof, and 100 feet into the air. Now, without turning it in any direction, MAKE IT TELL YOU what is out there within its vision, be it buildings, roads, electric poles, signs, phone towers, automobiles, trucks, overhead aircraft, boats in a river, whatever is out there you would see if you were physically standing in the same place and with the ability to turn. If you're doing this correctly, that **BODY OF LIGHT** will also tell you about YOU and the building you're in at this moment.

It takes a bit of getting used to, and you have another ninety seconds to practice. When you are finished, return your **BODY OF LIGHT** to within a few feet of your physical body. You're going to need it in a few minutes.

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That you can now 'blink' anywhere in Creation, it's a good idea to learn how to do it without ever putting yourself in any kind of danger physical or spiritual and to clean yourself to the point nobody else can detect or **DISCERN** your Spiritual endeavors. Cleaning is a rather simple process, and when done properly, can and will prevent any and all other minds from knowing anything that's going on in yours!

We know that only about FOUR PERCENT of Creation exists in the physical/earth realm and all the rest is UNCOMPRESSED energy. Some of it in light frequencies and some of it down to the static point of ZERO. Most exists as what the scientific community calls "DARK" Dark Matter and Dark Energy without the slightest clue of the Planes of Heaven, Depths of Hell or the uncounted Realms of and within each.

All those forces, energies and powers can be used and manipulated to those who KNOW how to do it. 'Belief' won't work at all except for initial testing to discover and refine **TRUTH**. And right there is where we are going to take advantage of what we already KNOW and use it without any extended lectures as to our suspicions of HOW it actually works.

The process of spiritual cleaning is almost as simple as physical cleaning, except we have to make the cleaner rather than just deliver and heat it like we do in a shower.

And here is a perfect training practice to **DISCERN** yourself in a before and after mode. Make your **BODY OF LIGHT** focus all attention on YOU and inform you as to what it sees at this very minute. Whatever it sees that you don't like is going to get changed, so don't be upset with your **BODY OF LIGHT** telling you the **TRUTH!**

Akurians, **On my command:**

Just as if you were going to make a **BELLY BALL** or a **BODY OF LIGHT**, **Make a disc**

of **WHITE SPIRITUAL LIGHT** above your head, **CHARGE IT** with **AKASHA, AIR, FIRE, WATER and EARTH** of your own energies make it wide enough to reach beyond the expanse of your physical body. Once you have your disc of **WHITE SPIRITUAL LIGHT**, move it down through your body head to toe taking all detrimental energies of whatsoever origin with it and aligning all that remains in a polar axis order from head to toe. This simple process can clean more in one second than all the medications you can swallow in a year. That an ounce of prevention is worth a pound of cure is never truer than in this application. Use it often.

Now, have your **BODY OF LIGHT** tell you what it sees about you! There should be some very clear and significant differences at least health wise. And this simple process is but the first in a long line of bad-health-prevention and good-health-creation. Age is still going to kill you, but it doesn't have to do it now ...

In other Instructionals you'll be required to **CLEAN** ... the process is the same except for where you place the **CLEAN** disc of **WHITE SPIRITUAL LIGHT** **WHEN YOU CREATE IT**. Don't make it and move it into your body when cleaning limbs, et cetera; **CREATE** it right where you want it to begin with. To **CLEAN** your hands, you **CREATE** it in your arms between the wrist and elbow! To clean your feet, you **CREATE** it in your legs anywhere in the calf between the knee and ankle. They only have to be large enough to surround the whole area to be cleaned.

Now to more **BASIC TRAINING**:

Leave your **BODY OF LIGHT** where it is and focus your attention on the rest of this Instructional.

FLICK ENERGIES HOW TO USE THEM

For those who are Newbies, this next bit of self-testing FirePower is not only a proof that we, The Akurians, **KNOW** what we're doing and why; it's a foundation weapon you will use the rest of your existence whether in your current physical body or not.

For want of a better term, we call it **FLICK ENERGY** because that is exactly what we do with it. Newbies will have to pay close attention to detect it at all, and those who are far more Spiritually adept will have to caution to prevent damage to yourselves. The process is the same, regardless.

If you need to put down your phone to perform this practice, wait for my command.

Newbie or Trained, you'll need to place your hands about eighteen inches apart and out from your body as far as is comfortable, as if you were going to slap them together. Then with one hand, which one doesn't matter, wrap the tips of your fingers with your thumb as if you were going to **FLICK** water off them as you've done thousands of times. Now, take careful aim at the palm of your other hand, **FLICK** your fingers. It only takes a few seconds, so return as soon as you've finished.

On my command: Akurians, put down your phones and **FLICK!**

Newbies, some of you got very little if anything. So it doesn't work. Right? **WRONG!** We're going to do the same thing again only with a bit of additional True Spirit Force and this time you'll feel the impact. Do it right, and it works every time. No exceptions.

Akurians, note the heavier impact and your actual control over the **ENERGIES** involved.

Since you didn't want to harm yourself, none of you did; but with this added rehearsal you know you CAN do damage *and a lot of it*. You can also BLESS if it pleases you. Best of all, you can deliver either: without anybody else other than another Akurian or High Level Spiritualist even having a clue.

When I give the command, prepare your hands again, about a foot and a half apart and out from your body, only this time visualize some **WHITE SPIRITUAL LIGHT**, like fog if you must, in the tips of the fingers you're going to **FLICK** with. That's right! Energize just your finger tips, NOT your whole hand, aim and **FLICK!**

On my command: Akurians, put down your phones and **FLICK!** Return as soon as you've finished.

Well now, THAT was a bit different. Nothing to break bones with *for the time being* but Brigadier Malone burned a hard bruise on her first attempt that took a couple of days to heal! Enter the doubt mode ... was what you felt in your other palm just the wind air being fanned from your fingers? It's possible, especially in close proximity, so let's TEST the ENERGIES a bit more thoroughly.

This time, locate a block between your hands, a door, wall at a doorway, piece of furniture, table top, back of a chair, whatever is available as long as it's accessible and solid.

When I give the command, prepare your hands again, about a foot and a half apart and away from your body, visualize some **WHITE SPIRITUAL LIGHT** in the tips of the fingers you're going to **FLICK** with. Energize your finger tips, aim and **FLICK!**

On my command: Akurians, put down your phones and **FLICK!** Return as soon as you've finished.

NOW THAT ONE STRIPS ALL THE EXCUSES IF YOU DID IT AS I INSTRUCTED!

Newbies, the impact you felt in the palm of your other hand **HAS TO BE SOMETHING REAL AND VIABLE** and cannot be your imagination. Once we're finished with this Instructional, practice it again where there isn't anybody or anything that can intrude, and be ready for a total change in your thinking as THIS is just the beginning of FirePower.

Akurians, **DISCERNMENT** reveals that some of you added a greater impact energy as a test of yourself on yourself. The increased HEAT you felt is clear evidence of your success although some of you didn't recognize it as such.

ARE THERE ANY QUESTIONS?

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FULL BODY SUPER SENSE THE GREAT AWAKENING

Akurians, on my command, *and not before:* we are going to make a **FULL BODY SUPER SENSE** and CHARGE and ENERGIZE it differently than anything we have done before. Until now most of you were not Spiritually Adept sufficient for this next level of Advanced Spiritual Powers and Abilities.

Listen carefully, and I said LISTEN! DO NOT attempt this process until you are fully

informed of the changed process and can do it together as a part of this TEAM! Each Akurian will add their FirePower to all the others as we proceed. This is WHAT we are going to do, on my command, **and not before:** when we get to the actual procedure, You'll need both hands free

...

Using the CLEANING process above:

AKURIANS CLEAN YOUR HANDS:

DISCERN your hands, as they are, where they are.

AKURIANS CLEAN YOUR FEET:

DISCERN your feet, as they are, where they are. Shoes on or off doesn't matter.

Visualize a SQUARE of WHITE SPIRITUAL LIGHT on the bottom of your big toes both of them at the same time and balance your BRAIN-ENERGY. You're going to need this quick and simple, but very powerful ability, before this lesson is over and from now until Shiloh.

Some of you may feel a bit light-headed or clear-minded: THAT is what you're looking for and it should occur almost instantly.

AKURIANS CLEAN YOUR FACE - ENERGIZE YOUR HEAD!

Fill both hands with **WHITE SPIRITUAL LIGHT** and completely fill your HEAD with those Spiritual Energies.

Deep breath in hold for a count of five exhale and breathe back in, NEVER leaving the lungs empty. You should use no more than FIVE breath procedures to effect a Mind-Spirit Connection. It's not more powerful, it's more cognizant: and cognizance is the Key to perpetual **DISCERNMENT !** If done properly you will **DISCERN** that **WHITE SPIRITUAL LIGHT** moving from your hands and into your head.

Before we get to the next step: you are going to make your own AKASHA, AIR, FIRE, WATER and EARTH *out of your own energies* instead of using anything else from where-the-hell-ever. Those of you who are Proven Knowers are also Creators, limited for the time being to directing Spiritual and Light Energies: but THAT is what AKASHA, AIR, FIRE, WATER and EARTH are. This is your first experience at creating energies by your own direct command that they then and there exist; and to prevent any major or minor disasters you are going to create them as a CHARGE for both your discs of **WHITE SPIRITUAL LIGHT** and your **FULL BODY SUPER SENSE** from now until Shiloh.

On my command, **and not before:** make another **BODY OF LIGHT** as per normal, to leave *inside* your body, not even extending out as far as your clothes. Now make another disc of **WHITE SPIRITUAL LIGHT** just above your head; and *out of your own energies* CHARGE IT with AKASHA, AIR, FIRE, WATER and EARTH; then move it DOWN through your body, head to feet, letting it attach and disburse itself as it will do of its own. Using *your own energies* is critical as this **FULL BODY SUPER SENSE** must be yours and yours alone or someone or something else is going to jackass YOU with it. And THAT is why you use *your own energies* to formulate the CHARGE energies and forces.

THAT will be your new and much-improved **FULL BODY SUPER SENSE! Never permit it to leave your physical body.** It's sole and exclusive purpose is to READ any and all energies from wherever they are or originate in all Creation and to inform you! It *cannot* do that outside of you and *cannot prevent* doing that while inside of you. YOU will need practice reading what it's telling you all it will need from now until Shiloh is a bit of **WHITE**

SPIRITUAL LIGHT and a RE-CHARGE of AKASHA, AIR, FIRE, WATER and EARTH *from your own energies*.

NEVER confuse or mingle this **FULL BODY SUPER SENSE** with any other **BODY OF LIGHT** or any other spiritual entity you may make and use at any time for any reason. And when **DISCERNING** even for the purposes of healing, **NEVER** permit anyone or anything to attach themselves to your **FULL BODY SUPER SENSE!**

Rehearsal Drill:

AKURIANS CLEAN YOUR HANDS:

DISCERN your hands.

AKURIANS CLEAN YOUR FEET:

DISCERN your feet.

Visualize a **SQUARE** of **WHITE SPIRITUAL LIGHT** on the bottom of your big toes both of them at the same time.

AKURIANS CLEAN YOUR FACE and **ENERGIZE YOUR HEAD! :**

Deep breath in hold for a count of five exhale and breathe back in, **NEVER leaving the lungs empty**. If done properly you will **DISCERN** that **WHITE SPIRITUAL LIGHT** moving from your hands and into your head.

Make another **BODY OF LIGHT** and leave *inside* your body.

Now make another disc of **WHITE SPIRITUAL LIGHT** just above your head; and *out of your own energies* CHARGE IT with AKASHA, AIR, FIRE, WATER and EARTH; move it DOWN through your body, head to feet, let it attach and disburse itself as it will. If done properly you will **DISCERN** that **WHITE SPIRITUAL LIGHT** locating and noting every Energy Point in your body. You'll need both hands free ...

Akurians, **On my command:**

Proceed to make yourself a new FULL BODY SUPER SENSE!

You have one minute to complete the process.

THAT is your new and much-improved **FULL BODY SUPER SENSE!** It's sole and exclusive purpose is to READ any and all energies from wherever they are or originate in all Creation and to inform you! It *cannot* do that outside of you and *cannot prevent* doing that while inside of you. YOU will need practice reading what it's telling you all it will need from now until Shiloh is a daily RE-CHARGE of **WHITE SPIRITUAL LIGHT** and a RE-CHARGE of AKASHA, AIR, FIRE, WATER and EARTH *from your own energies*.

Now we get to **FULL BODY DISCERNMENT** .

Before we get to the minor energy points, we're going to do a more in-depth **DISCERNMENT** of the *neck* and *backbone* because they can bend in virtually all directions are VITAL and very sensitive. Though hard to read in great detail initially, they are absolutely CRITICAL in our **DISCERNMENT** as they emit Spirit Energies in all directions, in all frequencies, all the time.

Akurians, when I command, *and not before:* we are going to do a skull to tailbone DETECTION and **DISCERNMENT** ; which are TWO different things.

First, the DETECTION. Most of us live with the assumption we already know about as

much as we should about our *neck* and *backbone* . We certainly don't want to break either, or for that matter damage either, as the consequences of long-term disability and constant pain are both very real factors that will have to be reckoned with. And even the thought of re-injury is a fully justified nightmare.

Second, and deliberately poo-pooed by the medical community, is the practice of Chiropractic that is NOT limited to the *neck* and *backbone*, although most bodily corrections and treatments seem to be based on that sole assumption. FYI, the same medical community that denigrates the Chiropractic endorses Osteopathy including surgery! Needless to say, there are FEW qualified Chiropractors that can even be in the operating room to assist an Osteopathic Surgeon!

Third, both Chiropractors and Osteopathic Surgeons work with and on the same *neck* and *backbone* nerve systems that actually control the entire body. In order to achieve a **FULL BODY DISCERNMENT** one must also include the Spirit Brain functions and their connections to the nerve systems in the *neck* and *backbone*. And THAT is what we are going to learn to do next.

For those who read translations of said Egyptian wall-writing and such scripts, whether from tombs or temples, there is an incorrect precept that ancient Egyptians called death, "The Great Awakening." In this Instructional some of you are going to verify that precept to be false and experience what the Egyptians actually called "The Great Awakening" as only the Anointed and True Prophets of The Most High have ever experienced. ***This is Sacred Ground***, so pay close attention and do not interrupt until given permission to ask questions.

What you are going to experience next is really a **DISCERNMENT** nightmare. Everything about you, the physical body you are in, and all experiences bad, good or indifferent are recorded in your HEAD-NECK-SPINE nervous system. With practice, you can detect any of them individually, determine which and/or what caused any to be and/or act the way it does: and correct any, or as many as necessary, to your own satisfaction. There are very few physical limits, even fewer of mind, and none with respect to Spirit or the accumulation of Knowledge and Understanding except the time in this life to achieve it.

Akurians, on my command, ***and not before***: you will make a disc of **WHITE SPIRITUAL LIGHT** above your head to move down through the nerve system of your **HEAD-NECK-SPINAL CORD** ignoring all the bone and other structure. Nowhere else! Nothing else. CHARGE IT with AKASHA, AIR, FIRE, WATER and EARTH ***of your own energies***.

When you are properly **DISCERNING** you will experience the changes in your disc of **WHITE SPIRITUAL LIGHT** and the small flashes of light in your head, the nerve system spinal cord of your *neck* and down to your *tail bone*. The disc of **WHITE SPIRITUAL LIGHT** will be virtually gone by absorption by the time you reach your *tail bone*: and that is ideal! It's as much a physical/health recharge as is it a Spiritual Recognition. It is not at this stage a cure all, but it's a great strengthener of all your nerve systems that operate, maintain and repair your body. By doing this just once, you will note an improvement in your abilities of SIGHT, HEARING, TASTE, TOUCH and SMELL, which in turn will enhance your abilities to **DISCERN** and **READ** your new **FULL BODY SUPER SENSE**.

Were we taught these things from conception YES, mothers talking to their unborn and fathers SPIRITUALLY protecting the homes and families within four generations the children would be virtual Super Humans as a norm by comparison!

Because you are **DISCERNING** inside yourself does NOT preclude using your **FULL BODY SUPER SENSE** to do it. Be prepared for a Great Awakening of yourself such as you have never dreamed of before.

Akurians, **On my command:**

Make a disc of WHITE SPIRITUAL LIGHT above your head, CHARGE IT with AKASHA, AIR, FIRE, WATER and EARTH of your own energies, move it down through the nerve system filling your entire brain area and of your HEAD-NECK-SPINAL CORD; ignoring all the bone and other structure.

Observe the changes in your disc of **WHITE SPIRITUAL LIGHT** and the small flashes of light in your head, **HEAD-NECK-SPINAL CORD** all the way down to your *tail bone*. Now you should notice an immediate increased sense of your abilities: SIGHT, HEARING, TASTE, TOUCH and SMELL, which in turn will enhance your abilities to **DISCERN** and **READ** your new **FULL BODY SUPER SENSE**.

Now using only your **FULL BODY SUPER SENSE** do the same thing with your **HEAD-NECK-SPINAL CORD!** It will take a few minutes for you to adapt to **DISCERNING** and **READING** yourself in such manner. This is the first step in achieving The Great Awakening of ancient Egypt where everything except HOW TO ACHIEVE IT is written all over the place and even in the very few scrolls we've discovered from tombs and burials.

Let me know when you are finished.

You are now able to **DISCERN** and **READ** all other life forces and energies including the lack or absence of life should that be the case. With practice you will be able to **DISCERN** and **READ** a rock and know if there was ever a life-form in it! With a bit more practice you will be able to do the same thing with an entire mountain or territory. Ancient or modern graves, animal remains, et cetera, from today to the very beginning of time. As a simple practice, at your next opportunity, put both hands around a leaf of any kind; a flower or even a blade of grass. Don't pick it, just put both hands around it and **DISCERN** it. You're in for a shock as to what its own life energies are about is IT understands them! And especially the fact that wildlife, plant or animal, have neither knowledge nor concern for The Great Awakening.

Akurians, orders for next Sunday Training:

Have your FULL BODY SUPER SENSE fully functional and be as adapted to The Great Awakening as you can possibly be. Where we are going next, there isn't any room for, or tolerance of, ignorance or inexperience. Each following week's Instructions are going to get more dangerous and more exacting in process and procedure.

It may come as a surprise to some, but you can actually FEEL THE HEAT from any light source and especially ordinary light bulbs in any enclosed room! You have to practice ... by putting your hand close to a lamp, and then slowly moving your hand farther and farther away, and paying attention to the HEAT even as it gets less and less. The best process is to take the shade off a lamp, and finding out how close your hand must be to feel the HEAT regardless of the wattage of the bulb. As you move farther and farther away it will take a bit more cognizance to feel it, but the HEAT is there. We're not going to disrupt to perform that practice in this

Instructional, but when you receive your copy of this lesson: **TAKE THE TIME AND TEST YOURSELF!** Feeling the HEAT of a normal light bulb across the room is a NORM, not an exception. And anyone can do it!



Quarters of Creation and their Rulers:

0437 "Archangel Raphael (**RAF-A-EL**), Ruler of the First Quarter of Air, Master of the East Wind Apelotes (**A-PEL-O-TEES**), whose Servant is the Wind Eurea (**E-UR-A**, sometimes pronounced **E-UR-US**), Servant of The Most High Lord God of All Creation and The First I Am!"

0438 "Archangel Michael (**MI-KAL**), Ruler of the Second Quarter of Fire, Master of the South Wind Notae (**NO-TAY**, sometimes pronounced **NO-TUS**), whose Servant is the Wind Lipae (**LI-PAY**, and never pronounced **LIPS**), Servant of The Most High Lord God of All Creation and The First I Am!"

0439 "Archangel Gabriel (**GAB-RA-EL**), Ruler of the Third Quarter of Water, Master of the West Wind Zephyros (**ZEF-OR-A-EE**, sometimes pronounced **ZEF-OR-US**), whose Servant is the Wind Skiron (**SKY-RON**), Servant of The Most High Lord God of All Creation and The First I Am!"

0440 "Archangel Uriel (**UR-E-EL**), Ruler of the Fourth Quarter of Earth, Master of the North Wind Boreas (**BOR-US**, sometimes written and pronounced **BOR-AY**), whose Servant is the Wind Kaikias (**KAY-KI-US**), Servant of The Most High Lord God of All Creation and The First I Am!"

0441 "Archangel Remiel (**RE-MI-EL**), Ruler of All the Binding in All the Heavens Above All the Earths, and in All the Earths, and in All the Depths Beneath All the Earths, Servant of The Most High Lord God of All Creation and The First I Am!"

0442 "Archangel Raguel (**RA-U-EL**), Ruler of the Loosening in All the Heavens Above All the Earths, and in All the Earths, and in All the Depths Beneath All the Earths, Servant of The Most High Lord God of All Creation and The First I Am!"

0443 "Archangel Zerachiel (**ZER-AK-E-EL**), First Guardian of All the Holy Anointed Witnesses in Their Generations, Communicator Between The Holy Altar and the Ark of the Covenant of The Most High, Servant of The Most High Lord God of All Creation and The First I Am!"

