

**REFRESHER**  
**FLICK ENERGIES, BELLY BALLS, BODIES OF LIGHT**  
**14 October 2012 = 28 Tishrei 5773**

Arlen Specter (February 12, 1930 – October 14, 2012), who, among other atrocities, helped cover up the murder of President John Fitzgerald Kennedy with the asinine 'single bullet theory' that was supposed to pass through Kennedy's neck, the back of Governor John Connally's jump-seat, through Governor Connally's chest – tearing out a few inches of rib – and embedding in Connally's right arm and left leg – where a fragment still remains. And, while remaining pristine as the photographs show AFTER the round was 'discovered' on one of Parkland Hospital's transport carts. To do that the bullet would have had to make 90-Degree right angle turns in flight between exiting Kennedy and the back of Connally's jump seat and restore itself during or immediately after flight.

It supposedly fell out of John Connally's leg where a fragment still remains. Weight of the bullet is within tolerance of manufacture, meaning the bullet was fired into water via a low-level and placed during the preliminary 'investigation' – and THAT means preplanning and conspiracy.

The 'official' version of the execution still insists on that absolutely-impossible premise. As payment, Arlen Specter was elected-to-public-office-for-life, a position he maintained until he jackassed the terms by changing from a Republican to a Democrat.

He'll be in the news – as cover data – for the next few days, making excellent opportunities to DISCERN him right up to and including Judgment. He is currently scheduled to appear before Righteous Abel sometime after Wednesday sundown – and I will be there to TESTIFY AGAINST HIM! The great mourning for 'sins-not-mentioned' as in "nobody ever told me that" is in full bellow. His problem is, even as a god-player-on-government-payroll he is required to KNOW of his own obedience and practice of Holy Law. Being a Jew AND an attorney-at-law he is without excuse and his burning is upon his own head.

You can read about the ENERGIES involved in the AED.

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As a service to our new members and students, and a much-needed refresher course of semi-developed Akurians, I have been directed by The Most High to bring our Troops up to current capacity as some have neglected points of previous training that now haunt and limit their FirePower and accomplishment capabilities.

Our whole world is on the verge of disaster, politically, religiously and scientifically; and only the few Akurians can bring it back from the brink. You can be about this MOST-IMPORTANT-OF-ALL endeavors or squander your time and energies on uncounted deliberately created and perpetuated 'episodes' and soap-operas designed to distract your attention until it's too late to respond, regardless of how clear the danger. If you're that stupid, to set your priorities anywhere but YOUR OWN survival, then you fully deserve to die the death planned for you and millions of others like you. And those wholesale slaughters are even now this side of the Horizon. Their next stop is *your front door*.

All Akurians MUST learn these True Spiritual Capabilities in order to be able to TEACH those after me, and then after you, until Shiloh. That means each of you MUST learn these True Spiritual Capabilities EXACTLY as given – without any adding-to or subtracting-from – unless you fully intend to fail which you will and your fellow Akurians cannot depend on you!

Metaphysics, as Spiritualism is sometimes called, IS AN EXACTING SCIENCE! If you fail, just like with The Great Testimony we call Proof of the Anointing, it's because YOU ARE DOING IT WRONG! The SAME applies to your learning, your practices and your eventual

teaching. You can't make up any 'new' or 'special' rules or use some deviation. ***There aren't any.*** The LAWS of Creation work the same way everywhere in it: whether the Planes of Heaven above, this Earth Plane with its uncounted BILLIONS of Galaxies, and the Depths of Hell. No exceptions and no changes. Under THIS condition, it does THIS; under THAT condition, it does THAT!

Let's get rid of some delusions:

Without a lot of hullabaloo ... and for those who have heard all this before, be patient for those who've neither heard nor experienced anything like we, the Akurians, do as a normal and everyday practice routine ... Akurians are NOT a 'praise-this' or 'hallelujah-that' nonsense religion. We are those who CHOSE service to The Most High – warts and all – because of the infinitely perpetual FAILURES of any and all other so-called religions without exception.

For those stalled in the life-long programmed damned lie of Catholicism and all her Fall Out-Harlot Christian daughters regardless of the 'denomination' or 'age' thereof, here are the indisputable facts you can test any day, every day, until the Main Gates of Hell become a bank of potted flowers, and you will NOT get any other result.

Catholic or Christian doesn't matter. Both bellow DOCTRINE as opposed to the Bible loud and long. And both are equally lying through their damned teeth: and they know it! In case they don't, with the next five minutes or so YOU will be able to document their knowing damned lies as a **TESTIMONY AGAINST THEM!**

We've all heard the ages-old poppycock of 'Jesus-this' 'Jesus-that' and 'Jesus-the other' that we're supposed to accept without question 'lest we be tempting the lord' or some other equally asinine claim. Well, let's take a look at what the reputed Guide Book, the New Testament, has to say ... first with respect to working of miracles – doing the impossible:

**John 14:12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.**

**John 14:13 And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son.**

**John 14:14 If ye shall ask any thing in my name, I will do it.**

Very clear in any and all translations; and without a time-frame for delivery ... unless you specify that too: thus the 'waiting-on-the-lord' nonsense. It's absolute dung from start to finish!

**First**, the so-called Book of John is an all-but total forgery of and by That Great Babylonian Harlot at Rome and Constantinople, then known as the Roman Empire.

**Second**, there are no – **AS IN NONE** – copies or fragments of the Book of John found anywhere that actually date, or are even referred to in any other scripts, of the time of Immanuel.

**Third**, if any of the above were true – and remember this is supposed to be Immanuel, Himself, speaking – challenge anybody, hallelujah halfwit, priest, preacher or other liar, which includes all the members of their congregations: **TO CLEAN OUT THE NEAREST HOSPITAL BY HEALING EVERYBODY IN IT** or go to the nearest morgue or mortuary and **RAISE ANY OF THE PROVEN DEAD!**

And don't buy any 'tempting the lord' diseased dung! There is no such admonition in the script! Nor is there a requirement to 'believe enough' ... only to believe that Immanuel existed as the Anointed Authority He was; and the Akurians have verified that point uncounted times.

Either the 'promise' works ***or it's a damned lie!*** Nobody can have it both ways: either it delivers as claimed or it's poppycock. Period. If 'Jesus' was 'God Incarnate' as the Demonically Deluded claim loud and long – then DELIVERY should not be either a problem nor questionable. And note the comment: ***"and greater works than these shall he do"*** without even a hit of limitation! Were these damned lies NOT a damned lies, anyone who meets the requirements could:

Heal and restore every injured person, accident or disease victim including all Veterans;  
Instantly create and install a Three Gorges Dam like that on the Yangtze River in China,  
any place they want;

Or move Mt. Rushmore from South Dakota to any other location including the Moon!  
Obviously, these elements clearly document the statements to be *damned lies of the First  
Magnitude* and all who abide them as anything else as a damned fool.

For those who will back-pedal and say that 'Jesus has to do these things' the instruction in  
verse 13 blows that into oblivion with, "*whatsoever ye shall ask in my name, that will I do,*" and  
gives the reason, "*that the Father may be glorified in the Son.*" Then when YOU can't make it  
deliver, comes the ultimate cop-out, "YOU didn't 'believe' enough!" even though as clarified  
before, THAT is NOT a part of the requirements. The fact is, THEY can't make it work either  
because it's pure Demonic Dog Dung!

## ARE THERE ANY QUESTIONS?

To the practices:

It may come as a surprise to some, but you can actually FEEL THE HEAT from any light  
source – and especially ordinary light bulbs in any enclosed room! You have to practice ... by  
putting your hand close to a lamp, and then slowly moving your hand farther and farther away, and  
paying attention to the HEAT even as it gets less and less. The best process is to take the shade off  
a lamp, and finding out how close your hand must be to feel the HEAT regardless of the wattage of  
the bulb. As you move farther and farther away it will take a bit more cognizance to feel it, but the  
HEAT is there. We're not going to disrupt to perform that practice in this Instructional, but when  
you receive your copy of this lesson: **TAKE THE TIME AND TEST YOURSELF!** Feeling the  
HEAT of a normal light bulb across the room is a NORM, not an exception. And anyone can do it!

For the Newbies, this next bit of self-testing FirePower is not only a proof that we, The  
Akurians, KNOW what we're doing and why; it's a foundation weapon you will use the rest of your  
existence whether in your current physical body or not.

For want of a better term, we call it **FLICK ENERGY** because that is exactly what we do  
with it. You have to pay close attention to detect it at all, and those who are far more Spiritually  
adept will have to caution to prevent damage to yourselves. The process is the same, regardless.

If you need to put down your phone to perform this practice, wait for my command.

Newbie or Trained, you'll need to place your hands about eighteen inches apart and out  
from your body as far as is comfortable, as if you were going to slap them together. Then with one  
hand, which hand doesn't matter, wrap the tips of your fingers with your thumb as if you were  
going to **FLICK** water off them as you've done thousands of times. Now, take careful aim at the  
palm of your other hand, **FLICK** your fingers. It only takes a few seconds, so return as soon as  
you've finished.

**On my command:** Akurians, put down your phones and **FLICK!**

Newbies, some of you got very little if anything. So it doesn't work. Right? **WRONG!**  
We're going to do the same thing again – only with a bit of additional True Spirit Force – and this  
time you'll feel the impact. Do it right and it works every time. No exceptions.

Akurians, note the heavier impact and your actual control over the ENERGIES involved.  
Since you didn't want to harm yourself, none of you did; but with this added rehearsal you know  
you CAN do damage *and a lot of it*. You can also BLESS if it pleases you. Best of all, you can

deliver either: without anybody else – other than another Akurian or High Level Spiritualist – even having a clue.

When I give the command, prepare your hands again, about a foot and a half apart and out from your body, only this time visualize some **WHITE LIGHT**, like fog if you must, in the tips of the fingers you're going to **FLICK** with. That's right! Energize just your finger tips, **NOT** your whole hand, aim and **FLICK!**

On my command: Akurians, put down your phones and **FLICK!**  
Return as soon as you've finished.

Well now, **THAT** was a bit different. Nothing to break bones with – *for the time being* – but Brigadier Malone burned a hard bruise on her first attempt that took a couple of days to heal! Enter the doubt mode ... was what you felt in your other palm just the wind – air – being fanned from your fingers? It's possible, especially in close proximity, so let's **TEST** the **ENERGIES** a bit more thoroughly.

This time, locate a block between your hands, a door, wall at a doorway, piece of furniture, table top, back of a chair, whatever is available as long as it's accessible and solid.

When I give the command, prepare your hands again, about a foot and a half apart and away from your body, visualize some **WHITE LIGHT** in the tips of the fingers you're going to **FLICK** with. Energize your finger tips, aim and **FLICK!**

**On my command:** Akurians, put down your phones and **FLICK!**  
Return as soon as you've finished.

**NOW THAT ONE STRIPS ALL THE EXCUSES IF YOU DID IT AS I INSTRUCTED!**

Newbies, the impact you felt in the palm of your other hand **HAS TO BE SOMETHING REAL AND VIABLE** and cannot be your imagination. Once we're finished with this Instructional, practice it again where there isn't anybody or anything that can intrude, and be ready for a total change in your thinking as **THIS** is just the beginning of FirePower.

Trained Akurians, **DISCERNMENT** reveals that some of you added a greater impact energy as a test of yourself on yourself. The increased **HEAT** you felt is clear evidence of your success although some of you didn't recognize it as such.

A point to consider: When Command Marshal Budagher and I first taught Brigadier Siler to dissolve a cloud – **YES! WE WILL GET TO THAT TOO!** – her countenance was something worthy of a fine and rare photograph. The picture I'd rather have is when she went out by herself, dissolved a cloud with nobody in interference, **AND IT STILL WORKED!** We've often laughed about it, but the same is true of everybody else, me included. The same will be **TRUE** of all of you, especially Newbies, when you test these True Spiritual Powers: and when you do them as Instructed, **THEY ALWAYS WORK!**

No phony 'belief' required or 'praise Bobby' nonsense permitted.

**ARE THERE ANY QUESTIONS?**

## **BELLY BALLS**

Before we get into making **BELLY BALLS** all of you need a bit of rehearsal as to the **WHAT** and **WHY** of such True Spiritual FirePower to begin with. To the well-rehearsed Akurians this will be a much-needed refresher; to the Newbies, a near-total Revelation.

In an effort to **NOT** leave anybody behind; here are a few points every True and Righteous Akurian needs to understand. Those who join our BLASTS and Training Sessions are already aware of the general procedures, and a time or two will bring any newbie up to speed because what we do really isn't that hard. EXACTING, yes – hard, NO!

Even so, here are some points of understanding we all abide with:

The Most High will always protect the Righteous, collateral damage need not be considered.

"BELLY BALL" correct name is "Invocation Energy Ectoplasm" (IEE) although we refer to them as such about once every twenty years, preferring the short title, BELLY BALL. It's easier to comprehend, especially when teaching children.

BELLY BALLS/IEEs can be made and/or accumulated without limit.

BELLY BALLS/IEEs can be released in any order, all at once, joined together or separately.

"Hand Contact" correct process is proximity, not direct touch. Christians join hands and delete and ground out any energies they produce, accounting for their massive failures. True Israelis, including Levite Priests put their hands up, palms open, just as Akurians do because it is the CORRECT process.

"Break Release" is the process of eliminating personal contact with a BELLY BALL/IEE, **BODY OF LIGHT**, GOLEMI, Sun Links and such energies whether we are blessing, building, cursing, destroying or just contaminating.

"Break Release" is the process of sending an BELLY BALL/IEE, **BODY OF LIGHT**, GOLEMI, Sun Links, et cetera, to accomplish its designations.

"In Presence" means "Close Proximity" or within touching distance.

"In Absence" means at any given distance apart, whether one, many or all.

"Center Point" is that location where BELLY BALL/IEE, **BODY OF LIGHT**, GOLEMI, Sun Links, et cetera, are placed for charging.

"Center Point" cannot be invaded, infected nor operated by anyone not certified.

"Circle of Fire" designates Akurians conducting an Invocation.

"Circle of Fire Invocation In Absence" is also known as "10:PM Local Mean Time" and "Team Blast."

"Firing Officer" is who accomplishes both Centering, Assembly and Final Break Release.

There is neither escape from nor defense against a Circle of Fire Invocation.

Prime Objectives are designated by the Senior Officer present except Standing Orders.

Prime Objectives have PRIORITY over any and all other objectives whatsoever.

Abuses of any kind, whether governmental, religious, scientific or other, are Objective targets.

Personal or Observed abuses can be Judged and Adjudicated by any Proven Knower.

A proper Invocation is a Hell-Unimaginable upon the targeted recipient(s).

A proper Invocation includes any and all supporters of the Perpetrator(s).

A proper Invocation includes any and all family(ies) of the Perpetrator(s).

A proper Invocation includes any and all seniors of the Perpetrator(s).

A proper Invocation includes any and all supporters of said seniors.

A proper Invocation includes any and all family(ies) of said seniors.

A proper Invocation should take no longer than a nanosecond to begin effect.

A proper Personal Invocation should take no longer than a nanosecond to establish.

A proper Personal Invocation should take no longer than a nanosecond to Invoke.

Now that you KNOW you are a source of True Spiritual Energies, the responsibility is to both advance your capabilities and to be in absolute obedience to The Most High and His Holy Law without deviation or exception.

Making a proper BELLY BALL:

I'm going to instruct directly for the Newbies, and those of you who are experienced will sense a great deal more HEAT – if you've done your practices as I've instructed.

Making a proper BELLY BALL is extremely simple, and is almost the foundation of all the True Spiritual Endeavors we Akurians are about. *On my command, and not before*, you will put down your phones – again – and perform this very simple but very powerful process.

Both arms bent forward at the elbows, extending hands, palms facing toward each other, a few inches apart, no more than one foot, in front of the Solar Plexus. Belt buckles are excellent indicators of where the Solar Plexus is: about an inch below; or at the navel whichever you prefer.

Both hands open with palms facing toward each other, hold the position.

In less than one minute you will feel a slight warmth in both palms. That HEAT is your own life energy. That energy is YOU and always has been. So when anyone tries to tell you it's 'evil' you'll know they are both a damned fool and a damned liar, as THIS is the Life Force Energy you – and every other living creature – was born with and that has sustained you ever since!

You will form that life energy into a BELLY BALL, the general rule is about the size of a basketball, being careful NOT to disconnect it from yourself. When you move your hands away to pick up the phone, leave your BELLY BALL attached to your Solar Plexus. We're going to run a test or two and it will still be there when you get back. For the practiced Akurians it will be a bit more solid and perhaps a lot HOTTER ... but THERE nevertheless.

Let's walk through the drill one more time:

Both arms bent forward at the elbows, extending hands, palms facing toward each other, a few inches apart, no more than one foot, in front of the Solar Plexus.

Both hands open with palms facing toward each other, hold the position.

In less than one minute you will feel a slight warmth in both palms.

Akurians, On my command: MAKE YOUR BELLY BALLS!

Be back at your phone in two minutes or less.

Newbies, this is only the very beginning of the True Spiritual Practices the Akurians do all the time; and there literally isn't any end to the processes nor FirePower capabilities. It's up to YOU, to study and practice on your own, and apply during our BLASTs and Training Sessions; but there really isn't any imaginable limit except that imposed by insufficient experience of which I, too, am vulnerable.

**ARE THERE ANY QUESTIONS?**

### **BODIES OF LIGHT**

One of the most-useful capabilities in all True Spiritual Endeavors is a well-made **BODY OF LIGHT!** They can be made almost instantaneously, and as quickly sent to any place in Creation from the far reaches of the Earth Plane, down into the lowest Depths of Hell, up into the Planes of Heaven, and even into Black Holes for a very short experience. **BODIES OF LIGHT** can be sent either direction across time. Properly made and endowed, they are an excellent set of Spiritual eyes and ears. Properly DISCERNED when on any given mission, they are infallible sources of information; any failures being YOUR ability to read, and NOT the inabilities of your **BODY OF LIGHT** to detect and report – they can't make up or create situations on their own – they are infinitely obedient and do only as they are instructed. **BODIES OF LIGHT** can be

transformed into all manner of True Spiritual entities from Sun Link anchors to IMMORTAL GOLEMI; can be any size or shape as required; and there's only ONE place they can't go: BEYOND THE VEIL OF THE MOST HIGH! They simply dissolve upon attempt to access.

**Again: BODIES OF LIGHT** are indestructible against any attack; and there isn't any barrier THIS SIDE of The Great Veil they can't penetrate with impunity. There isn't any place they can't go; nor anything in Creation they can't read and report on; and when properly applied have no barriers of time whatsoever.

Once you've been through even the initial training of HOW to make a **BODY OF LIGHT**, if it takes more than five seconds: *YOU'RE DOING IT WRONG!* Your first one may take all of ten or twenty seconds as you get the procedure correct, and after that, making a **BODY OF LIGHT** is virtually instantaneous.

**Preparing yourself is the hardest part of making a BODY OF LIGHT.** If you set a standard, and the HIGHER the better, then each subsequent **BODY OF LIGHT** will have the same capabilities as those previous. The general shopping list is simple, your actual shopping list can be as extensive and detailed as you can be cognizant of at any given time.

First, you want your **BODY OF LIGHT** to be YOUR creation and to obey only YOU without exception. No other 'entities' and no other agenda. And THAT is your first mindset.

Second, you want your **BODY OF LIGHT** to operate in any and all frequencies; from the Highest Heavens to the Deepest Depths – from the unimaginable to absolute zero. LIGHT itself is *energy*, different frequencies create the different colors. The HIGHER frequencies appear to be WHITE, and compared to the Depths of Hell they are; but normally are really only BRIGHTER when examined close-up. Since everything is RULED FROM THE TOP-DOWN you want your **BODY OF LIGHT** to be as WHITE and BRIGHT as you can make it. No exceptions. Start with the WHITEST and BRIGHTEST you can imagine and get WHITER and BRIGHTER as you gain experience.

Third, you want your **BODY OF LIGHT** to be able to see, hear, taste, touch and smell just like your physical body, only with far more capability. When you DISCERN your **BODY OF LIGHT** to tell you whatever some distant situation may be, it MUST be capable of experiencing whatever that situation is! And to an infinite, fully detailed degree. This is where VIRTUE comes into being beyond price for those who develop it. Just as you KNOW how miserable you are from head to toe when suffering a cold or flu, your VIRTUE should be capable of informing you of the REAL situation and your physical condition at any given time. Making your VIRTUE a part of your **BODY OF LIGHT** will prove to be a God-Send as you progress. Your **BODY OF LIGHT** will NOT have anything you don't create within it.

Fourth, you want your **BODY OF LIGHT** to be a consistent shape. Not because one shape is better – more powerful – than any other, but because YOU need a consistent mental process, or you're going to have garbage bits all over the place. NONE of which can do a damned thing. If you can't keep the SHAPE consistent, you damned sure can't keep the ENDOWMENTS consistent either. There is a very simple process Akurians use to accomplish this: we make our **BODIES OF LIGHT** within our physical body; and then move it to wherever we want it to go. Your physical body isn't going to change that much from day-to-day of its own accord, so your **BODY OF LIGHT** will be about as consistent as you can make it.

Akurians, prepare: to make a proper **BODY OF LIGHT**:

For those who want to know, the **BODIES OF LIGHT** made in this Instructional are always created in the Heavenly Plane of Hathor UNLESS you deliberately create it somewhere else. We'll learn how to do that in future Instructionals. Jump into such jackass until you're properly trained and you are going to create problems for yourself that nobody else can get you out

of but me, and I won't! You've been warned NOT to create a problem where none exists, so pay attention.

On my command and NOT before, you will simply visualize a **BODY OF WHITE LIGHT** that will form out of the Energies of Creation. It's that quick and that simple. IF – REPEAT: IF you do your initial preparation prior to actually making a **BODY OF LIGHT** you will succeed every time.

Let's go through the MIND-SET preparations one more time:

First, you want your **BODY OF LIGHT** to be YOUR creation, free and clear of all other contaminations whatsoever.

Second, you want your **BODY OF LIGHT** to operate in any and all frequencies; from the Highest Heavens to the Deepest Depths.

Third, you want your **BODY OF LIGHT** to be able to see, hear, taste, touch and smell just like your physical body, only with far more capability because it is filled with your own VIRTUE.

Fourth, you want your **BODY OF LIGHT** to be a consistent shape. In this case your own physical body. Your physical body will be your Spiritual Creation workshop from now on. It's the absolute best place in Creation to make a viable **BODY OF LIGHT**.

Akurians, on my command:

Visualize your physical body as if you were attempting to remember it like the script of a play or words and music of a song you are going to perform.

Now, fill your physical body with the WHITEST and BRIGHTEST LIGHT you can manage. Make it the same size and shape of your physical body. You will find your **BODY OF LIGHT** will instantly gel and remain of its own accord.

It's as simple as that. Confirming for the Newbies, it takes longer to PREPARE than to make an actual **BODY OF LIGHT**. And that is true of everything we do in True Spiritual practices and/or MetaPhysics. BOTH are the same thing and are EXACTING SCIENCES that cannot and will NOT deviate to suit your – or anybody else's – preferences.

Let's have a bit of fun with your new **BODY OF LIGHT**.

By just thinking, move this **BODY OF LIGHT** out into the room a few feet from your physical body – and turn it to look at you! Look close, and you can see your BELLY BALL extending from it. Now, letting your **BODY OF LIGHT** inform you as to what it is seeing ... let the **BODY OF LIGHT** see for you from it's position in the room. A bit frightening at first to permit anything outside of you to see, hear, taste, touch or smell for you ... actually it's INFORMING you unless you're telling it what to you want instead of what is really there ... but this **BODY OF LIGHT** is yours, made by you, for exactly this purpose. It should be revealing to you what it actually sees – and what YOU would actually see if you were standing where it is.

Take a minute to LET IT TELL YOU! That too takes a bit of practice.

Everybody ready! Send this **BODY OF LIGHT** straight up through the housetop and out on to the roof. For this immediate rehearsal it doesn't matter which direction your **BODY OF LIGHT** is facing. Open its EYES to see and transmit to you WHAT it is seeing. We're back to LET IT TELL YOU again, and you will NEVER stop perfecting that process of LET IT TELL YOU!

Now turn your **BODY OF LIGHT** slowly in either direction and LET IT TELL YOU what it is seeing. And note that it can see the far distance as well as you can see anything near by. There is no distance distortion as with your physical eyes: the images are in perfect focus. Choose any point of interest within the **BODY OF LIGHT**'s vision ... now ZOOM IN ... and IF you're doing



it right that target is as close and visibly detailed as any point in your room! That easy, that powerful, and day or night doesn't matter.

Practice that for a few minutes.

Akurians, dissolve your **BODY OF LIGHT**. It will vanish instantly and its energies will return to the Ethers ....

**ARE THERE ANY QUESTIONS?**

ASTRAL PROJECTION – GETTING CONSCIOUSLY "UP IN THE SPIRIT" WITHOUT DYING – HOW TO DO IT! Begins at Paragraph 7342, "The ANOINTED, The ELECT, and The DAMNED!" <http://www.theanointedtheelectandthedamned.com/chapter41.htm>