

BODIES OF LIGHT

One of the most-useful capabilities in all True Spiritual Endeavors is a well-made **BODY OF LIGHT**! They can be made almost instantaneously, and as quickly sent to any place in Creation from the far reaches of the Earth Plane, down into the lowest Depths of Hell, up into the Planes of Heaven, and even into Black Holes for a very short experience. **BODIES OF LIGHT** can be sent either direction across time. Properly made and endowed, they are an excellent set of Spiritual eyes and ears. Properly DISCERNED when on any given mission, they are infallible sources of information; any failures being YOUR ability to read, and NOT the inabilities of your **BODY OF LIGHT** to detect and report – they can't make up or create situations on their own – they are infinitely obedient and do only as they are instructed. **BODIES OF LIGHT** can be transformed into all manner of True Spiritual entities from Sun Link anchors to IMMORTAL GOLEMI; can be any size or shape as required; and there's only ONE place they can't go: BEYOND THE VEIL OF THE MOST HIGH! They simply dissolve upon attempt to access.

Again: **BODIES OF LIGHT** are indestructible against any attack; and there isn't any barrier THIS SIDE of The Great Veil they can't penetrate with impunity. There isn't any place they can't go; nor anything in Creation they can't read and report on; and when properly applied have no barriers of time whatsoever.

Once you've been through even the initial training of HOW to make a **BODY OF LIGHT**, if it takes more than five seconds: **YOU'RE DOING IT WRONG!** Your first one may take all of ten or twenty seconds as you get the procedure correct, and after that, making a **BODY OF LIGHT** is virtually instantaneous.

Preparing yourself is the hardest part of making a BODY OF LIGHT. If you set a standard, and the HIGHER the better, then each subsequent **BODY OF LIGHT** will have the same capabilities as those previous. The general shopping list is simple, your actual shopping list can be as extensive and detailed as you can be cognizant of at any given time.

First, you want your **BODY OF LIGHT** to be YOUR creation and to obey only YOU without exception. No other 'entities' and no other agenda. And THAT is your first mindset.

Second, you want your **BODY OF LIGHT** to operate in any and all frequencies; from the Highest Heavens to the Deepest Depths – from the unimaginable to absolute zero. LIGHT itself is *energy*, different frequencies create the different colors. The HIGHER frequencies appear to be WHITE, and compared to the Depths of Hell they are; but normally are really only BRIGHTER when examined close-up. Since everything is RULED FROM THE TOP-DOWN you want your **BODY OF LIGHT** to be as WHITE and BRIGHT as you can make it. No exceptions. Start with the WHITEST and BRIGHTEST you can imagine and get WHITER and BRIGHTER as you gain experience.

Third, you want your **BODY OF LIGHT** to be able to see, hear, taste, touch and smell just like your physical body, only with far more capability. When you DISCERN your **BODY OF LIGHT** to tell you whatever some distant situation may be, it MUST be

capable of experiencing whatever that situation is! And to an infinite, fully detailed degree. This is where VIRTUE comes into being beyond price for those who develop it. Just as you KNOW how miserable you are from head to toe when suffering a cold or flu, your VIRTUE should be capable of informing you of the REAL situation and your physical condition at any given time. Making your VIRTUE a part of your **BODY OF LIGHT** will prove to be a God-Send as you progress. Your **BODY OF LIGHT** will NOT have anything you don't create within it.

Fourth, you want your **BODY OF LIGHT** to be a consistent shape. Not because one shape is better – more powerful – than any other, but because YOU need a consistent mental process, or you're going to have garbage bits all over the place. NONE of which can do a damned thing. If you can't keep the SHAPE consistent, you damned sure can't keep the ENDOWMENTS consistent either. There is a very simple process Akurians use to accomplish this: we make our **BODIES OF LIGHT** within our physical body; and then move it to wherever we want it to go. Your physical body isn't going to change that much from day-to-day of its own accord, so your **BODY OF LIGHT** will be about as consistent as you can make it.

For those who want to know, the **BODIES OF LIGHT** made in this Instructional are always created in the Heavenly Plane of Hathor UNLESS you deliberately create it somewhere else. We'll learn how to do that in future Instructionals. Jump into such jackass until you're properly trained and you are going to create problems for yourself that nobody else can get you out of but me, and I won't! You've been warned NOT to create a problem where none exists, so pay attention.

Simply visualize a **BODY OF WHITE LIGHT** that will form out of the Energies of Creation. It's that quick and that simple. IF – REPEAT: IF you do your initial preparation prior to actually making a **BODY OF LIGHT** you will succeed every time.

Let's go through the MIND-SET preparations one more time:

First, you want your **BODY OF LIGHT** to be YOUR creation, free and clear of all other contaminations whatsoever.

Second, you want your **BODY OF LIGHT** to operate in any and all frequencies; from the Highest Heavens to the Deepest Depths.

Third, you want your **BODY OF LIGHT** to be able to see, hear, taste, touch and smell just like your physical body, only with far more capability because it is filled with your own VIRTUE.

Fourth, you want your **BODY OF LIGHT** to be a consistent shape. In this case your own physical body. Your physical body will be your Spiritual Creation workshop from now on. It's the absolute best place in Creation to make a viable **BODY OF LIGHT**.

Visualize your physical body as if you were attempting to remember it like the script of a play or words and music of a song you are going to perform.

Now, fill your physical body with the WHITEST and BRIGHTEST LIGHT you can manage. Make it the same size and shape of your physical body. You will find your **BODY OF LIGHT** will instantly gel and remain of its own accord.

It's as simple as that. Confirming for the Newbies, it takes longer to PREPARE than to make an actual **BODY OF LIGHT**. And that is true of everything we do in True Spiritual practices and/or MetaPhysics. BOTH are the same thing and are EXACTING SCIENCES that cannot and will NOT deviate to suit your – or anybody else's – preferences.

Let's have a bit of fun with your new **BODY OF LIGHT**.

By just thinking, move this **BODY OF LIGHT** out into the room a few feet from your physical body – and turn it to look at you! Look close, and you can see your **BELLY BALL** extending from it. Now, letting your **BODY OF LIGHT** inform you as to what it is seeing ... let the **BODY OF LIGHT** see for you from its position in the room. A bit frightening at first to permit anything outside of you to see, hear, taste, touch or smell for you ... actually it's INFORMING you unless you're telling it what to you want instead of what is really there ... but this **BODY OF LIGHT** is yours, made by you, for exactly this purpose. It should be revealing to you what it actually sees – and what YOU would actually see if you were standing where it is.

Take a minute to **LET IT TELL YOU!** That too takes a bit of practice.

Send this **BODY OF LIGHT** straight up through the housetop and out on to the roof. For this immediate rehearsal it doesn't matter which direction your **BODY OF LIGHT** is facing. Open its EYES to see and transmit to you WHAT it is seeing. We're back to **LET IT TELL YOU** again, and you will NEVER stop perfecting that process of **LET IT TELL YOU!**

Now turn your **BODY OF LIGHT** slowly in either direction and **LET IT TELL YOU** what it is seeing. And note that it can see the far distance as well as you can see anything near by. There is no distance distortion as with your physical eyes: the images are in perfect focus. Choose any point of interest within the **BODY OF LIGHT**'s vision ... now ZOOM IN ... and IF you're doing it right that target is as close and visibly detailed as any point in your room! That easy, that powerful, and day or night doesn't matter.

Dissolve your **BODY OF LIGHT**. It will vanish instantly and its energies will return to the Ethers

ASTRAL PROJECTION – GETTING CONSCIOUSLY "UP IN THE SPIRIT"
WITHOUT DYING – HOW TO DO IT! Begins at Paragraph 7342, "The ANOINTED,
The ELECT, and The DAMNED!"

<http://www.theanoointedtheelectandthedamned.com/chapter41.htm>