

CHINKS IN AKURIAN ARMOR
5 February 2012 - 12 Sh'vat 5772

Make no mistake, the Akurians have had uncounted accomplishments, hand prints and hard changes in religions, politics and sciences. True, some were already in their formative stages when we hammered the Energies and Forces; and their completion and public exposure would have taken far longer had the Akurians not re-set those priorities!

That said, there are STILL chinks in our Armor. Chinks severe enough The Most High will NOT undo them for us; nor will He long excuse us if WE continue to abide the errors of our ways.

We've all seen our apparent failures and delays in accomplishment. We've taken Cat-5 Hurricanes down to gentle rains in 48 hours; created and changed weather patterns across the entire hemisphere – the list goes on – and then failed to deliver True Conservative votes to restore, protect and defend The Constitution in this series of Primary Elections and State Caucuses. Shadow Governments be damned! The fault is ours, ours alone, and we are going to heal ourselves and cure the greater problems.

For those who are new to our Holy Order, some of what we will instruct can well be beyond your current state of True Spiritual understanding. NOT A PROBLEM! We were all in your shoes at one time, and we will take the time, convenient to you as possible, to get you up to speed. A word of simple caution, and it won't hurt anything else the rest of us are doing: IF YOU DON'T HAVE A GOOD, SOLID UNDERSTANDING OF ANY INSTRUCTION OR ANY PART OF ANY INSTRUCTION, stop there and return to your place of safety. Listen to the rest of the Instruction or Invocation, and remember it well as it's only a matter of time before you're performing like the Pro we intend for you to become.

Place of safety? Yes. That can be your own physical body safely ensconced wherever you happen to be at the moment. For those who have been through some of our grinders, it may also be any other Plane of Existence or even a Body of Light right beside you.

Body of Light? Yes, to that too. And here's how to make them:

First, because we need to do things as a TEAM, I want everybody to act on my command – and NOT on your own – visualize an Image of yourself. Dressed like you're dressed at this minute; sitting down, standing up, whatever. Visualize an Image of yourself. Do NOT let it extend beyond the actual size and shape of your physical body. You don't have to get into infinite details, moles, scars, warts, et cetera; just a smooth Spirit version of yourself: but made of WHITE LIGHT! The WHITEST WHITE you can visualize. Brilliant, blaring, snow-blinding WHITE! Now, hold that Spirit of Light Body within yourself until I instruct you to move it.

[BLUE SWORDS: From this self-made Spirit Body you can secure unlimited Blue Swords – SWORDS not sabers – by grasping the hilt at your solar plexus and pulling it out blade tip UP, in a smooth action like holding a candle you don't want to spill any wax from. The blade should be perfectly VERTICAL until it is free of your body, but only needs the smallest fraction of an inch of clearance. Then you can use it like any other sword, including throwing it tremendous distances and hitting the smallest and most-mobile target!

NEVER return a Blue Sword! Expend it IN somebody or something that duly deserves the damage. Inserted IN any living creature, spirit or otherwise, it instantly begins to infect as it cuts its way through armor and everything else in its path. There are few protectives against Blue Swords and NONE in the Lower Heavens, Hasannah and down into and including Perdition in the Depths of Hell.

When assigned to Guard Invocations or any Akurian, make a Blue Sword immediately upon assignment; and don't be hesitant about using it against any attempt of intrusion.]

For our beginners, it's THAT SIMPLE to make a Body of Light. That Body of Light can be as powerful or as worthless as you make it. It takes time and scads of practice, but that Body of Light

already carries the Essence of your own Conscious, making the HOW TO USE IT an absolutely critical process and accomplishment.

Now, when I command you and NOT before, I will instruct you to send THAT Body of Light and NOT another copy of it, to some little distance outside your physical body. Doesn't have to be a great distance, a couple of feet is fine. I will command THREE feet for this session. And, I want you to send that Body of Light directly forward regardless of furniture, walls, or anything else that would otherwise be an obstruction to your physical body. THREE feet and standing up.

**Akurians, on my command:
FORM YOUR BODIES OF LIGHT!**

**Akurians, on my command:
SEND YOUR BODIES OF LIGHT!**

Everybody take notice. You're in one place seeing your Body of Light in another. That's normal at this stage of the process. Now, instead of seeing your Body of Light standing in the area; I want you to train your Body of Light to TELL YOU what it sees from where it's standing; and that view is NOT from where you are in your physical body! The process is really very simple, shift your consciousness to your Body of Light is, and look through its eyes! Once you can get even a glimpse of view from WHERE your Body of Light is and NOT from WHERE your physical body is: you're well on your way to LET IT TELL YOU regardless of the distance between your physical body and this True Spirit Image. Neither TIME nor DISTANCE nor Plane of Existence are barriers.

Once you can see even a little through the EYES of your Body of Light, you're well on your way to becoming one of True Spirit – and there's not any place in all of Creation, physical space of distant Galaxies anywhere in the Universe, all the Planes of Heaven and all their various Realms, and all the Depths of Hell, that you can't safely visit and view. You can even see into Perdition, the very bottom of the Depths of Hell, but DO NOT – REPEAT: DO NOT – attempt even going down to view Perdition from Hapurdom until someone with sufficient expertise has properly prepared you and literally holds-your-hand during the decent and ascent.

Akurians, on my command:

Turn your Body of Light ninety degrees to the right. Require your Body of Light to see the area from that direction. DO NOT view your Body of Light just standing there, see through its eyes as instructed. It can take a moment or two ... but the experience is well worth all the time, effort and energy you invest in the process. Now that you're THERE in your Body of Light, turn it again ninety degrees to the right; and you should see yourself and immediate surroundings. And more than likely, the very instant you see your physical body – you'll bounce right back into it! Nothing to worry about, you just have to practice until you adapt to the TRUE SPIRITUAL FACT you are NOT just a physical body of flesh and bone and blood, but a TRUE SPIRITUAL BEING in addition.

And, you'll note, none of that took any 'believe enough' or 'praise Jesus' or 'Allahu Akbar' or any other such cracked pot idiocies to accomplish. No 'praise Bobby' in there either. Until The Most High establishes Restoration, there IS a Chain of Command from The Most High down; and YOU are becoming one of the links.

AS YOU THINK, SO YOU BECOME

EVERYTHING is energy. Akurians' thoughts create and direct energy. Everyone else's thoughts can only direct energy. Emotions are Forces, and Forces are direct applications of energies. Thought creates manifestations according to the Mental Pictures at the time, and *emotions* behind those thoughts provide the intensity increasing the speed at which those thoughts becomes manifest. THAT is the very

process of our Invocations – and our success or failure – and if it doesn't come true in infinite detail, we normally consider it a failure! Therefore, every thought, every emotion is important. Akurians must learn to infinitely control our own minds, thoughts and emotions, as lack of control in any area provides a **CHINK IN OUR ARMOR** to be exploited by our enemies!

The hardest part is the diligence and rigor of practicing until it becomes second nature. This can be easier when we apply it to every aspect of our lives. Every moment and every thought is an opportunity to practice. And it's going to take that much practice and self-awareness to get as good as we're going to have to be.

SOME BACKGROUND INFORMATION: Understanding the soul/mind/brain connection – three different things – and all interconnected.

LEVELS OF BRAINWAVE ACTIVITY: There are four, measured and calibrated in cycles per second (cps). They are named: **DELTA**, which is any brain activity for our purposes .5 cps, a half-cycle per second, up to 3 cps. This is the level we would call "unconscious," or comatose. Then **THETA**, 3-7 cps. This is where deep programming takes place, life-determining attitudes, fears, limitations, expectations, et cetera. Next higher is **ALPHA**, at 7-14 cps, the best level for receiving information. This is the level of brain activity monitored in the "dream state," also where we are when we have that "dazed off" feeling in a daydream. When under full control, very useful for receiving information psychically. 10.5 cps is the exact center of **ALPHA**, when measured in sound is about the speed of a cat's purr. The highest level of brainwave activity is called **BETA**, 14 cps and up. This is the normal waking state, walk around, take care of business all day *conscious* level of brain activity. It stands to reason that BETA should be very familiar, and all of us know some who, although wide awake, are in a dumb-stupor daze.

If we want to deprogram or reprogram, then we best accomplish this at those other, slower frequency levels. How do we do that? Simple. Relax the physical body so that *mind* becomes the focus rather than the hands, feet, face, stomach, brain, et cetera. We will move the through process, consciously relaxing all body parts, beginning with the feet, moving the relaxation slowly up and throughout the body ending with the scalp.

[REARRANGING YOURSELF: There are but TWO processes of deep relaxation healing.

First, is the *feet-to-head* relaxation and body-cleaning – throwing out an/or neutralizing all unwanted energies and contaminations – to make room for what you DO want instead of the current state you find yourself in. It's as easy as a mental move cleaning the body from the feet up, like jumping feet first in a pool of healing water. And after the first practices to get the process, should take any longer than sinking in that great imaginary pool. It doesn't take hours, it takes micro-seconds at best.

Second, is the *head-to-feet* insertion of CLEAN and energized Spirit Energies intended for instant physical manifestation. Bodies of Light, charged in the Sun are excellent sources, or ordinary Spirit Energy made out of the materials of any *Heavenly* Plane! Taking only microseconds to accomplish, do any *feet-to-head* cleaning and relaxation followed by a *head to feet* recharging. There is no limit, you can do a many as you wish as often as you wish.

POWER POINT: You can formulate Packages of Light from the Depths of Hell and insert and bind them into any worthy being. It's *recommended* for all Demons, Nefilim, ExtraTerrestrials, Marxists, Communists, Fascists, Socialists, Progressives, Journalists, Politicians, Priests, Preachers and other liars.]

This will create a self-hypnotic state of mind, and guided by a predetermined slate of desired changes, we will reprogram the deep levels of mind. And we will establish some quick triggers so that eventually by evoking those triggers, we may achieve the same state of deep relaxation without going through the whole process every time.

Before we do that, there are things to know about deeper levels of mind and the way programming works. In other words, maximizing the benefits requires conscious effort, changing the way we think in BETA conscious level. This is critical, because at the deeper levels of mind, EVERYTHING IS LITERAL! There is no such thing as a sense of humor. And the worst drawback, there's no such thing as "just an expression." Our everyday language sets us up with failure, sickness and limitations all the time, and at an amazing rate. This is where we must become rigid "thought police" of everything that comes into our mind, much less back out of our mouth. Consider how a literal mind would interpret and create problems out of a simple conversation full of "just expressions."

We'll illustrate with a typical scene at a lunch diner, where two women, the Catty cousins, Maddie and Hattie are having lunch. The third participant is Subconscious Mind (SM).

MADDIE: Oh, don't look now, here comes Broomhilda. I can't stand that witch!

SM: What? Can't stand? Okay. I'll start with a couple of bunions, then work on weakening the ankles, or maybe I should deteriorate the cartilage in the knee. That'll fix it.

HATTIE: Me neither! She makes me sick, the way she acts all sweet all the time.

SM: Sick? All right. Stomach pain, heart attack, headache, gall stones, what's my quickest means to comply . . .

MADDIE: Yeah, me too. Look, she's sitting with him. I just can't see what he sees in her.

SM: Okay, can't see. Cataracts? I'll work on that. Optic neuritis? Sure, why not. Myopia, coming right up.

HATTIE: I can't even imagine.

SM: (Really?) As ordered, no imagination. Never mind that when Hattie was a child she had imaginary playmates and fantastical places. Now she's programmed herself out of the ability to even imagine someone else's, much less any of her own.

MADDIE: Seen anything good on TV lately? I'm so tired of all this politics, I can't even watch it anymore.

SM: So tired. Okay, I can do that with a Vitamin B deficiency. Or just plain insomnia. Or both. Keep repeating it, and I'll manufacture a good case of multiple sclerosis.

HATTIE: I know what you mean. Makes me crazy, between that and all the damn commercials.

SM: One case of insanity, just as ordered.

MADDIE: Oh, my god! Don't you just hate it? I HATE it!

SM: Hate. Good one. I can consume all the energy for the rest of the afternoon and evening with that one.

HATTIE: Are you ready to go? I'm ready. These shoes are killing me.

SM: Hmmm. That's a tall order, but keep wearing them and I'll find a way.

MADDIE: Oohhh, I wanted to get a piece of that chocolate cake. It's to die for!

SM: Die for a piece of chocolate cake? Okay, one embolism knocked loose in the carotid artery coming up.

HATTIE: Well, get it to go, would you? My husband's home and I'm gonna have to have a shit fit if he hasn't mowed the yard yet. He's gotten so lazy I have to stay in his ass all the time or he won't get anything done.

SM: All right. A raging diarrhea episode. And the part about staying in his ass, well, that's just nasty. And really, unthinkable. Now you're ordering us both sick.

(And on and on, ad nauseam . . .) Once we've trained our subconscious minds not to be "sub" anymore, and they operate on the conscious levels, as well as our waking consciousness which we are also training, we're allowed to have a sense of humor - it's considered a gauge of intelligence. Just don't expect the literal levels of ALPHA, THETA, and DELTA to appreciate or understand it.

The mind works in pictures, not words or language. Words were created to convey those mental pictures to one another. So the mind is constantly converting words to pictures and pictures to words. Another point of constant sabotage, to self, to and from others is conveying pictures with the negative of the words. For example, saying "don't forget" instead of "please remember," or "no tension" to mean "just relax." Hear the difference? "Forget, remember, tension and relax" are the words that make the pictures. The mind glisses right over little words like no and don't. So a constant barrage of "forget, forget, forget" will eventually lead to what? Forgetfulness. Another big one: "I want to lose weight." We are Akurians. We don't lose, period. The alternative, "I want to take off weight." A conscious choice.

From an energy point of view as well as a mental control and programming point of view, it's obvious how every single word we choose matters. Now the cure: WE MAY ACCEPT OR REJECT ANY AND EVERY THOUGHT IN OR OUT OF OUR MINDS!

[THOUGHT CONTROL: Which thoughts going through your mind are YOURS and which are somebody else's? You always assumed – *and nobody ever even suggested otherwise* – that all the noise and activity in your mind is yours. The Akurians know better! In fact a general rule of the thumb is that only about TEN PERCENT (10%) of the brain-racket we endure when not concentrating on the job at present, and ONE HUNDRED PERCENT (100%) of all intrusions while you're occupied, is our own and the rest is *somebody else's* mental activity! The brain is an electrical system, and like a radio or video receiver it reacts to electrical energy; and all brain waves (thoughts) are electrical energy.

So HOW do you find out which thoughts are YOURS and which thoughts are somebody else's? Simple. Learn HOW and WHAT you think. And HOW do you do *that*?

Again, simple. And it takes practice. First set a rule of numbers from 1 to 100, there isn't any ZERO for neutral. Next, take notice of **everything**. The size, cut, design, color, location, for starters; including music in all its many styles and variations; laws, statutes, regulations, religions, philosophies, ad infinitum; if it exists take it into consideration: and especially people!

Either you LIKE it or you DON'T LIKE it; now give it a number between 1 and 100. *At all costs AVOID the WHY* of your opinion unless you intend to fail via endless and equally useless chases into mental oblivion. Be honest with YOURSELF! You don't have to tell Aunt Ninny her 'precious' hat is a goony as a drunken buzzard; YOU only have to KNOW within yourself you DON'T LIKE IT and to what number. Nothing about this simple practice requires you to be a damned fool; especially when the real purpose behind it is to WISE YOURSELF UP; and take control of what YOU think as opposed to enduring all the stupidities, ignorances, fears and delusions of everybody else's thoughts that contaminate creation's thought waves.

It won't take but a very few days of practice until you'll come to the blessed realization your mind is almost blank! We often refer to stupid people as having a blank mind, but THAT is a point of idiot programming. In fact, those people's minds are so filled with gibberish they can't THINK freely if at all! They don't have a 'blank' mind, they have an overflowing mental cess pool. You will have a CLEAR mind, something entirely different.

And once you KNOW how and what you think about virtually everything, when ANY counter-thought comes into your mind you KNOW that thought is somebody else's! RE: You suddenly LIKE Aunt Ninny's hat – with or without a number? – THAT thought is somebody else's. And YES, you're reading somebody else's THOUGHT and possibly their mind in action. And with a bit of discernment, you'll be able to determine WHO's thought it is; and with a bit MORE discernment, WHAT that thought is really all about.]

It starts with a careful examination of every word of every thought coming in or out. Have the conscious mind that knows this is "just an expression" see it the same way the subconscious mind sees it, which cannot distinguish expression or humor from literal meaning. Then make the conscious effort to correct anything and everything unacceptable, hurtful, sabotaging, limiting, demeaning, deprecating, negative, et cetera.

When you catch such a thought, instantly stop it with: "I reject that thought." CORRECTION: Then fill in the positive and more powerful replacement. Examples: "Don't forget" becomes "Always remember;" "I can't stand" becomes "I've enjoyed as much as I can tolerate." Then the realization sets in of just how negatively programmed we are, as individuals, as a nation, and as a people. Initially, it's appalling, but it gets easier. Silently, we start policing everyone else and how much of someone else's conversation are we willing to accept. It will become "not much, without some serious editing."

There's a beneficial side effect to this exercise and practice: Clairvoyance! We are training ourselves to clarify and see the mind's pictures of every word and every thought. The more our consciousness is in touch and in control of that process, the easier it becomes to call on it in other ways and by other means.

PROGRAMMING: A bit about choice of words before we begin. The two little words "I AM" hold great significance. They are always – *as in every single time* – creative. The Most High uses them as descriptive of Himself. As in: The Most High Lord God of All Creation and the First I AM! That makes everything behind those two words become a creation. When we use them at deeper levels of mind where focus is more intense and mental pictures are much clearer, they have a profound effect with a much more rapid manifestation.

With that in mind, we are able to create a list of desirable changes, characteristics, traits that we would like to see ourselves become. Starting with a list of basic self-improvement statements, just to get ourselves up to nothing, it could look something like this:

AKURIAN BASICS:

1. Every day in every way, I AM getting better, smarter, faster, and stronger.
2. I AM in absolute control and complete dominion over my own body, mind and spirit at all levels of my being. I AM always in control.
3. I AM always in perfect health, spiritually, mentally and physically.
4. I AM now and I will always remain sufficient unto The Most High Lord of Spirits, ALIHA ASUR HIGH.
5. I AM all great mysteries, and I AM all infinite knowledge, and I AM all infallible power.

AKURIAN PSYCHIC STATEMENTS:

1. I AM able to discern everything with infinite accuracy at any and all times.
2. I AM able to project my consciousness to any point or place in all Creation to send or receive information.
3. I AM able to project my consciousness to any place or point in time, past, present or future to send or receive information.
4. I AM able to project my consciousness into any of the four Kingdoms: the Kingdom of Spirit, the Kingdom of Humanity, the Kingdom of Animate Matter and the Kingdom of Inanimate Matter to send or receive information.

5. Any thought, any action taking place anywhere in all Creation that I should or want to know, I will know.

6. I will always be infinitely cognizant and consciously aware of any danger or emergency, and I will know how to react.

Of course, from here we are able to expound, improve, customize and/or detail the list to enhance personal goals, such as prolonged and accurate memory, telekinesis, astral projection, clairvoyance, telepathy, psychometry, healing, reasoning skills, health improvement, read faster, learn other languages, recall dreams, solve problems, find a front row parking space – the possibilities are infinite!

Now that we've been through the first part of the grinder – and I will email everybody the original scripts I purloined all this information from – let's test and prove what I've just instructed.

We're going to do the same process we did earlier, especially for the newcomers, and those who do it exactly as instructed will find that just going through all the above this once has given each of you an enhanced capability.

Again, because we need to do things as a TEAM, I want everybody to act on my command – and NOT on your own – visualize an Image of yourself. Dressed like you're dressed at this minute; sitting down, standing up, whatever. Visualize an Image of yourself. Do NOT let it extend beyond the actual size and shape of your physical body. You don't have to get into infinite details, moles, scars, warts, et cetera; just a smooth Spirit version of yourself: but made of WHITE LIGHT! The WHITEST WHITE you can visualize. Brilliant, blaring, snow-blinding WHITE! Now, hold that Spirit of Light Body within yourself until I instruct you to move it.

Now, when I command you and NOT before, send THAT Body of Light and NOT another copy of it, to some little distance outside your physical body. Doesn't have to be a great distance, a couple of feet is fine. I will command THREE feet for this session. And, I want you to send that Body of Light directly forward regardless of furniture, walls, or anything else that would otherwise be an obstruction to your physical body. THREE feet and standing up.

**Akurians, on my command:
SEND YOUR BODIES OF LIGHT!**

Everybody take notice. You're in one place seeing your Body of Light in another. That's normal at this stage of the process. Now, instead of seeing your Body of Light standing in the area; I want you to train your Body of Light to TELL YOU what it sees from where it's standing; and that view is NOT from where you are in your physical body! The process is really very simple, shift your consciousness to your Body of Light and look through its eyes! Once you can get even a glimpse of view from WHERE your Body of Light is and NOT from WHERE your physical body is: you're well on your way to LET IT TELL YOU regardless of the distance between your physical body and this True Spirit Image. Neither TIME nor DISTANCE nor Plane of Existence are barriers.

And you need to be in it ... to do it!

Once you can see even a little through the EYES of your Body of Light, you're well on your way to becoming one of True Spirit – and there's not any place in all of Creation, physical space of distant Galaxies anywhere in the Universe, all the Planes of Heaven and all their various Realms, and all the Depths of Hell, that you can't safely visit and view. You can even see into Perdition, the very bottom of the Depths of Hell, but DO NOT – REPEAT: DO NOT – attempt even going down to view Perdition from Hapurdom until someone with sufficient expertise has properly prepared you and literally holds-your-hand during the decent and ascent.

Akurians, on my command:

Turn your Body of Light ninety degrees to the right. Require your Body of Light to see the area from that direction. DO NOT view your Body of Light just standing there, see through its eyes as instructed. It can take a moment or two ... but the experience is well worth all the time, effort and energy you invest in the process. Now that you're THERE in your Body of Light, turn it again ninety degrees to the right; and you should see yourself and immediate surroundings. And more than likely, initially the very instant you see your physical body you'll bounce right back into it! Nothing to worry about, you just have to practice until you adapt to the TRUE SPIRITUAL FACT you are NOT just a physical body of flesh and bone and blood, but a TRUE SPIRITUAL BEING in addition. Then you can look at your physical body – or a field of bodies in a graveyard – and go on about your business.

Are there any questions?